

Memorial Day

Just a reminder that there will be no mail delivery on **Monday, May 25th** in honor of Memorial Day.

The Reception Desk will be open from **9:00 a.m. - 2:00 p.m.**



Programs with Chaplain's Delisa and Luke: All on TV CH: 900 (TouchTown)

Tuesday: Devotions w/Chaplain Delisa,
10:30am

Wednesday:
Bible Study w/ Chaplain Luke 10:00-
10:30am

Devotions w/ Chaplin Luke at 11:00am

Friday: Devotions w/ Chaplain Delisa,
10:00am

May Vesper Services

All of these will be broadcast on
Channel 900 at 6:00 p.m.

May 3 Rev. Paul Johnsen,
Fort Atkinson United Methodist Church

May 10 Pastor Duane Goetsch,
Little Prairie and Siloam UMC and Community of
Christ the Servant.

May 17 Rev. Jerry Hancock
First Congregational UCC, Madison, Prison Ministry

May 24 Memorial Day Service

May 31 Rev. Carl Green, Exec. Dir. & family,
Seventh Day Baptist Conference USA & Canada

Welcome our New Residents

Janet Craft	204E
Irene Hensel	441C
Stephen Southworth	Health &



In Memory of

Robert Brown
Robert Burrows
Pearl Grosskreutz
Wally Robeson
Dennis Rohrs



Stay Informed...

We encourage you to watch **Channel 900** for the latest updates from Paul Kuenning, Karen Boyle and Brian Robinson.

YouTube Videos

Leisure Services is looking for ideas on travel destinations, musicians, historical events/monuments and any other interesting topics to put on the in-house channel. Leave Brian a note or give him a call if you have any ideas.

Scams -

Please make sure you are not answering e-mails, phone calls or letters that you do not know who the person is on the other end of the phone, letter or e-mail. Scammers are unfortunately taking advantage of all that is going on with the Coronavirus (COVID-19) & Stimulus Checks. Any questions please notify the front desk. If you receive a scam in the mail, please bring it to the front desk so we can report it to the White-water Police Department.

Mother's Day Lunch - As the Dining Room remains closed, we want to acknowledge our Mothers and provide a special Mother's Day Dinner - due to current circumstances the meal will be offered on **Friday, May 8th** for the noon meal and delivered to your apartment between 11:30am—12:30pm. A reservation form, with the menu, has been put in your mailbox.

Cost of the meal is \$9.00. **Must sign up by Wed., May 6th.** Contact Dining Services with questions.

Happy May Birthday

Judy Gillett	01
Margaret Hancock	01
Mary Sorensen	01
Judith Moldenhauer	04
Karin Campbell	05
Kathy Ross	05
Ruth Kromholz	06
Jean Lyford	08
Gale Plath	09
Robert Ehrike	10
Sue Mealy	10
Mick Lueder	12
Mary Ann Ehrike	21
Joe Geraghty	21
Doris Willis	24
Wendell Swift	25
Bill Miles	26
Richard Enstad	27
Russell Saunders	27
Madeline Beglinger	28
Connie Zimmerman	28
Herbert Saunders	31



Seated Workouts for Seniors

Start your day out with a little exercise. Each morning at **9:15 a.m.** on **Channel 900** a complete seated workout for seniors is shown. Join in and stay healthy during "Safer at Home".



Welcome new Maintenance Director, Shane Niman

You may see a new face around the building. Shane started as the Maintenance Director in April and lives in Beloit with wife Shannon and has 2 children: Clayton & Owen. He enjoys spending time with his family, fishing and the Brewers, Bucks and Dallas Cowboys.

New Therapy Agency at Fairhaven

Effective May 1, 2020, Greenfield Rehabilitation Agency will become Fairhaven's new Therapy group. You may recognize some of the same faces if you use the therapy services, as well as some new ones.

We would like to thank the employees of MJ Care Therapy who have worked with the residents and staff at Fairhaven over the last 25+ years.

Just a Reminder....

Wash Your Hands!!!



Grocery Shopping Update

As we continue to do our daily monitoring of the COBID-19 situation and best practices throughout the facility for staff and residents, we will continue with online only shopping and providing groceries in-house that we can obtain through our vendors. (Medication pick-ups are available from the pharmacy department at Wal-Mart and Walgreens through drive-thru. Walgreens does offer delivery service on Tuesdays and Fridays). The stores that we order online from are Festival Foods and Pick-N-Save, both located in Fort Atkinson. Wal-Mart does not have a location close that is offering online grocery shopping at this time.

Transportation Services and Brian will be able to assist you all with your online orders, but we will be only allowing **1 order per week**. It is asked that you continue to submit your orders to the Front Desk or by notifying Brian. Please be mindful that these orders will take time for the stores to process and do not have the "same day" turnaround time, some may take multiple days.

There have been many who have asked..."Can my family member shop for me and drop off groceries", Absolutely. It is asked that they bring them to the main entrance to be dropped off.

**We thank you for your understanding during this difficult time for everyone.
If you have questions, contact Brian at ext. 1145 or Nancy at ext. 1188**



PUTTING THINGS INTO PERSPECTIVE

Karin Strömngren Campbell

As we are on lockdown here at Fairhaven, I am reminded of being on lockdown in a different way during WWII in Copenhagen, Denmark. Just think...now no soldiers or tanks coming down our driveway, no blacked out windows at night or listening for air raid sirens. Though toilet paper, sugar, and other items are not always available, we are not standing in line waiting to buy whatever is available. Our helpers here go shopping for us and get almost every item ordered.

During the war, my mother stood in line for hours for a small piece of meat or cheese or one or two eggs, chicory being used for coffee, tea, or tobacco. All the shortages happened within a day or two after the German Army marched in. Our drugs are still available and will be delivered, unlike having no medicines or supplies available to Danes and other occupied countries.

Yes, we are on lockdown, but we can still see each other and talk—granted at a 6 foot distance. We miss our family and friends that cannot come in, but mail, phones and all kinds of communications are available to us on the computer with staff helping us, if need be. Contrast that, to no communication out of the country, with a few letters allowed after being censored. I had a friend, who had married an American and lived in the US. She did not know that her Dad had died until 3 years later. We have radio and TV, where you can listen and watch anything you want. In Denmark, we had radio stations, all of them full of German propaganda.

The kitchen staff is bringing hundreds of meals to the apartments and rooms as ordered...just think of the planning for that. It makes me glad I am old.

Yes, we miss going to church, but our pastors are bringing us inspirational and uplifting messages and many churches are offering online services. Contrast this to our Danish pastors, many whom were executed because they were hiding Jews and writing letters protesting the Nazi regime. Let us hope our prayers are answered and we will soon be back to normal. It may be a new normal, but this is a strong country and we will overcome this.

This is from the perspective of an independent living apartment dweller. Stay well.

Sincerely,

Karin Strömngren Campbell

Note: Karin is in her 80s. She was a little girl in Denmark during World War II. Their family also hid Jewish children in their home for a short time. Karin is a member of Joy Circle at First English Lutheran Church in Whitewater. She lives at Fairhaven Senior Services with her husband, Joe.

“We are all here for each other”

This quote sums up so much of what is happening at Fairhaven and Prairie Village these days. Continued thanks to residents and staff who are contributing in so many ways to keeping us healthy.

Keep Us Safe

The first letters about the Council’s “Keep Us Safe” fund and donation opportunity were mailed on April 10th. As of now we have received \$5,400. Thank you, thank you. Please remember there is no final deadline to contribute as this is an ongoing effort for the foreseeable future.

It’s Flag Time of Year

Thanks to the dedicated work of former administrator and current resident, Rev. Carroll Olm, we have a Flying the Flags tradition. As Rev. Olm describes it in his Fairhaven: God’s Mighty Oak book “By April 1984, twenty-five flags and poles were ordered. This was a start. Residents, friends in Whitewater and friends from across the state had underwritten the purchasing expense.” These will be flown for the various upcoming patriotic holidays in our main driveway.

Toys for Tots—something to look forward to!!

Fairhaven resident and Council member, Henry Malo, has been in contact with the area representative for the annual Toys for Tots drive. It sounds as though this will be an easy opportunity for those residents who want to give a child a special Christmas treat. More details as we get closer to that time.

May Meetings

As of this time, we are not anticipating having our regular monthly or annual meeting. Another thing to look forward to when things get back to normal.

Nominations for Resident/Volunteer of the Month

Please note that the Council has added “Volunteer” to this designation. That gives us an opportunity to acknowledge the contributions of non-Fairhaven/Prairie Village residents who contribute to our community. (There is a list of previously-honored residents and volunteers posted on the Resident Council Bulletin Board. That list is also on the bottom of each month’s Council agenda which all members have.) Nominations can be made by any Fairhaven or Prairie Village resident to any Resident Council member, preferably in writing. You can always leave your nomination in the Suggestion Box, located by the Main Lobby Coffee Bar.

Fairhaven’s Little Free Library

During May, you will find free books and maybe magazines in the “B” Lounge, First Floor. Take what you want/leave what you can!

The Link Between Hearing and Your Golf Score

The game of golf is filled with hazards. Though an oft-overlooked factor that can affect your final score—your hearing. Not only based on your ability to hear well out of both ears, but in the sound of your swing, too. Studies have shown that you can experience driver-induced hearing loss if the noise level generated by your golf club thwacking your ball exceeds 116 dBA. This is mostly in reference to thin-faced titanium drivers, going back to an origin study in 2009 that profiled a 55-year-old man who developed tinnitus and hearing loss in his right ear, golfing three days a week, for 18-months.

Damaging your hearing is not ideal, of course, but the decibel-swing danger is directly woven into how you play the game of golf, as well. Your hearing needs to be in check to pay close attention to the sound made when the club head comes into contact with the ball, so you can control your shot better, in terms of distance and accuracy.

Hearing the tone produced by the club striking the ball can help the golfer judge how well the ball was hit, and allow them to make any necessary adjustments for the next swing. By paying close attention to both the feel of the club making contact with the ball, and the sound produced, golfers will naturally play a better game over time.

Regular hearing evaluations by a qualified audiologist are a good idea for avid golfers. Call Fort HealthCare Audiology at 920-563-6667 to schedule a hearing evaluation or complimentary hearing screening.

May 1, 2020

To All Our Fairhaven Residents:

Just a quick update on our continued efforts at keeping you well and safe. Each day we can go without the virus is a great day! Prevention is the key and each day and week this goes on we know it gets harder and harder. We encourage residents and families to use the technology available to keep up contacts knowing it is just not the same, but it is important and can make all the difference! Even a short call can be the best to brighten a day for a family member or friend.

Leisure Services had been using our in house channel 900 to provide different opportunities of engagement. There has been a tremendous outreach by the faith community to share their services for our traditional Sunday evening vespers. Each week Leisure services delivers to resident in apartments special treats while special meals have been planned by dining services.

The Residents' Council started a "Keep Us Safe" fund to be used to assist in acquiring Protective Equipment for the staff. To date this has brought in over \$6,600. We have good numbers of gowns, gloves, surgical masks, N95's and face shields.

Currently we do not have the virus within our community. If Fairhaven ever does have a case, we would advise the residents, families and the public keeping confidential all required information. We continue to follow all the guidance from the CDC and Dept. of Health Services and our Medical Director. We are involved almost daily with webinars hosted by DHS, CDC, and the DON Council and our State Association of Leading Age Wisconsin. As things begin to reopen Fairhaven will do so cautiously and in very measured steps in consultation with our Medical Director.

We continue to screen all employees at the beginning of all shifts, staff continue to wear surgical masks throughout the entire building. We are also screening all residents on skilled, assisted living and Hearthstone every shift by taking temperatures and oxygen levels. Anyone with lower oxygen levels or elevated temperatures will have a respiratory assessment completed. Any variations are then reported to the physician and guidance followed.

We have contingent plans in place if somehow the virus makes its way into Fairhaven. For skilled care we are dedicating an area for those residents that may test positive or are under suspicion of being positive. For assisted living, Hearthstone and apartments residents would be isolated in their unit while staff use the precautions necessary.

The testing capabilities have increased and the turnaround time for the results has decreased greatly. We are not currently accepting referrals that are positive for the virus. If one of our own residents test positive, we will accept them into the facility, and they will be placed in the appropriate isolation. Any admission from the hospital currently is automatically placed into isolation for 14 days, just for safety precautions.

We are still not allowing family visits to the facility unless there is a critical medical situation present. Only then can a visit happen, following all our screening and isolation procedures.

Items can be drop off items by your loved ones at the front entrance, we still ask that you do not meet your loved one at an exterior door to make exchanges. We ask this as an extra added step for the safety of our entire campus. The risks in our communities are still high. Thank you for your continued understanding and cooperation.

Paul Kuenning
President, CEO

Karen Boyle, RN
Director of Nursing

Activities for May 2020

Friday, May 1, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:00:	Friday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)
1:15:	Antonov An-225 - The World's Largest Aircraft Full Documentary (<i>Channel 900</i>)
3:30:	Jean Sibelius - Symphony No 1 in E minor, Op 39 - Järvi (<i>Channel 900</i>)
6:00:	Biltmore Estate - A DVD Guide to Biltmore (<i>Channel 900</i>)
7:00:	Sibelius: The Early Years - Documentary about Jean Sibelius, 1984 (Part I) (<i>Channel 900</i>)
8:15:	World's Greatest Bridges S1 Ep2 Sydney Harbour Bridge (<i>Channel 900</i>)

Saturday, May 2, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:30:	The Engine That Powers the World - Diesel Engine (<i>Channel 900</i>)
1:15:	The Largest Aircraft Carrier in The World (full video) (<i>Channel 900</i>)
3:30:	Edvard Grieg/Piano Concerto in A minor, op.16 / Julia Fischer (<i>Channel 900</i>)
6:00:	Sibelius: Maturity and Silence - Documentary about Jean Sibelius, 1984 (Part II) (<i>Channel 900</i>)
7:00:	New Day Cleveland Mackinaw Island Road Trip (<i>Channel 900</i>)
8:15:	Carol Burnett 25th Anniversary Special (1991) (<i>Channel 900</i>)

Sunday, May 3, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:30:	World's Most Expensive and Luxurious Trains Ever Made - (<i>Channel 900</i>)
6:00:	Vesper Service (<i>Channel 900</i>)

Monday, May 4, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Tuesday, May 5, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:30:	Tuesday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)

Wednesday, May 6, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:00:	Wednesday morning Bible Study w/ Chaplain Luke (<i>Channel 900</i>)
11:00:	Wednesday Devotions (<i>Channel 900</i>)

Thursday, May 7, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Friday, May 8, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
10:00:	Friday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)

Saturday, May 9, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Sunday, May 10, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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6:00:	Vesper Service (<i>Channel 900</i>)
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Monday, May 11, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Tuesday, May 12, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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10:30:	Tuesday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)
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Wednesday, May 13, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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10:00:	Wednesday morning Bible Study w/ Chaplain Luke (<i>Channel 900</i>)
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11:00:	Wednesday Devotions (<i>Channel 900</i>)
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Thursday, May 14, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Friday, May 15, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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10:00:	Friday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)
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Saturday, May 16, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Sunday, May 17, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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6:00:	Vesper Service (<i>Channel 900</i>)
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Monday, May 18, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Tuesday, May 19, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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10:30:	Tuesday Devotions w/ Chaplain Delisa (<i>Channel 900</i>)
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Wednesday, May 20, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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10:00:	Wednesday morning Bible Study w/ Chaplain Luke (<i>Channel 900</i>)
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11:00:	Wednesday Devotions (<i>Channel 900</i>)
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Thursday, May 21, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Friday, May 22, 2020

9:15:	Complete Seated Workout For Seniors (<i>Channel 900</i>)
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Sunday, May 24, 20209:15: Complete Seated Workout For Seniors (*Channel 900*)6:00: Vesper Service (*Channel 900*)**Monday, May 25, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)**Tuesday, May 26, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)10:30: Tuesday Devotions w/ Chaplain Delisa (*Channel 900*)**Wednesday, May 27, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)10:00: Wednesday morning Bible Study w/ Chaplain Luke (*Channel 900*)11:00: Wednesday Devotions (*Fellowship Hall*)**Thursday, May 28, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)**Friday, May 29, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)**Saturday, May 30, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)**Sunday, May 31, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)6:00: Vesper Service (*Channel 900*)**Monday, June 1, 2020**9:15: Complete Seated Workout For Seniors (*Channel 900*)