

SENIOR LIVING CHECKLIST

Is it time for you to consider senior living for yourself or a loved one?

Perhaps it's time to have an honest conversation.

A transition from home to senior living is a big change. It's emotional...

*Good feelings. Excitement mixed with uncertainty. Change.
Giving up certain things. Learning new things. Meeting new people.*

So, what should you think about and discuss with family members?

Here is a short checklist of questions to help you start thinking through this process and to help you start the conversation.

CARE

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| <ul style="list-style-type: none">◆ Do you feel safe in your current home/living situation?◆ What about emergencies? What's the plan, if something happens? | <ul style="list-style-type: none">◆ Are you able/do you like doing yard work?◆ How about household chores? | <ul style="list-style-type: none">◆ Are you able to keep track of taking medications/prescriptions? |
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ACTIVITIES

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| <ul style="list-style-type: none">◆ Do you eat nutritious meals?◆ Is cooking & doing laundry a challenge? | <ul style="list-style-type: none">◆ Do you wish you had access to more engaging activities and live entertainment? | <ul style="list-style-type: none">◆ Are you lonely or unable to see people as often as you'd like? |
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TRANSPORTATION

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| <ul style="list-style-type: none">◆ Do you feel safe driving? | <ul style="list-style-type: none">◆ Do others feel safe when you drive? | <ul style="list-style-type: none">◆ How would you get around if you were unable to drive? |
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If some of these living situations are a challenge, but you or your loved one would like to remain independent, **Fairhaven can help**. We can help you and your family coordinate a care plan in the future or right now, if needed.

Where our culture of caring is like no other



Have any questions? Reach us at: 262-473-2140

435 West Starin Rd. Whitewater, Wisconsin 53190

Monday-Friday: 8am to 5pm | Saturday & Sunday: by appointment

