

Fairbaven May Resident Newsletter

Memorial Day

Just a reminder that there will be no mail delivery on Monday, May **30th** in honor of Memorial Day.

The Reception Desk will be open from 9:00 a.m. - 2:00 p.m.



Devotions with Chaplain Luke Bocher

Tuesday: Devotions with Chaplain Luke 2nd Floor Dining Room - 10:00 a.m. 4th Floor Dining Room - 10:45 a.m.

Wednesdays: Devotions with Chaplain Luke 11:00 a.m. - Fellowship Hall & Ch. 900

Happy May Birthday

Judy Gillett	01
Margaret Hancock	01
Mary Sorensen	01
Sonjia Schneider	03
Carolyn Behrens	03
Judith Triebold	04
Karin Campbell	05
Lavena McDonald	05
	05
Kathy Ross Ruth Kromholz	06
Phillip Neustedter	09
Cheryl Olson	09
Gale Plath	09
Robert Ehrike	10
Sue Mealy	10
Mick Lueder	12
Dale Green	13
Betty McManaway	16
Sally Newstedter	17
Mary Mayer	19
Jo Ann Mohle	20
Mary Ann Ehrike	21
Doris Willis	24
Richard Enstad	27
Russell Saunders	27
Madeline Beglinger	28
Connie Zimmerman	28
Sandra Freidl	30
Mary Anderson	31
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Holy Communion Offered

On Tuesday, May 10th at 10:00 a.m. Chaplain Luke will offer Holy Communion to those who are on the 2nd floor at the devotions service in the dining room. If you are unable to be at the service and would still like to receive communion, please leave a message on voicemail for the chaplain (extension 1191) or leave a message with Tina at the 2nd floor desk.

On Wednesday, May 11th, Holy Communion will be offered at our 11:00 a.m. devotions service. If you are unable to attend and wish to receive communion, leave a message for Chaplain Luke on his voicemail (Ext. 1191).

We will use grape juice and the bread will be gluten-free.

In Memory of

Betty Schneible



Mother's Day Dinner - May 8, 2022

Watch you mailbox for the menu and your reservation form to have this special Mother's Day dinner delivered right to your door!



Deliveries will be between 11:30am & 12:30pm and the cost will be \$12.00 per person. (Sorry no guest meals)

Questions? Contact Dining Services

Current Events & Ideas

We invite you to join us each Tuesday afternoon 2:00-3:00 in Fellowship Hall.

For ten years now this group- has been providing an opportunity for free and open discussions on a variety of subjects from world events to local concerns and ideas of all sorts. We also provide the opportunity for new friendships and getting to know one another on a more personal level sharing much laughter and even a few tears.

First Citizens State Bank Representatives

will be at Fairhaven

on
Fridays from
9:30—10:30 a.m.

Private Dining Room



BINGO in April with Allen Grady

Fridays, 1:15pm Fellowship Hall

Join Allen for an afternoon of Bingo & a chance to win a prize!



Happenings at Fairhaven in May!

Bell Choir Practice - Each Friday at 9:30 a.m. in Fellowship Hall

Bingo w/ UW-W Women's Basketball Team - Monday, May 2nd at 6:00pm in Fellowship Hall Join us as we welcome and celebrate the achievements of this team who finished their season just a bit short in the D3 National Championship Game.

Whitewater Unified School District Update - Thursday, May 5th at 1:15pm in Fellowship Hall

Cinco de Mayo Social!!!! - Thursday, May 5th at 2:30pm in Skylight Dining Room

Meet and Greet - Monday, May 9th at 11:00am in Fellowship Hall

We will try it once again as we welcome the Whitewater EMS/Fire Departments for a meet and greet.

Tour of the Whitewater Fire Department/Police Station - Wednesday, May 11th at 1:15pm: Sign up required for this event at the front desk and transportation will leave the front lobby at 1:00pm

Thursday, May 12th at 1:15pm in Fellowship Hall- Presentation on Monuments/Memorials of Whitewater - Karen Weston, former Archivist for the University of Wisconsin-Whitewater, & Carol Cartwright of the Whitewater Historical Society will give a presentation on the Monuments/ Memorials of Whitewater. This presentation will cover the numerous memorials and monuments that have been built on the UWW campus and throughout the city. Highlights will include some of the many sculptures and fountains on the UWW campus and the several veterans' memorials that have been constructed in Whitewater.

FRESH CHEESE CURD SALE!!! - Thursday, May 12th at 2:30pm in the Piano Lounge

Listen In with Paul Kuenning - Monday, May 16th at 11:15am in Fellowship Hall

Jane Adams Presentation - Monday, May 16th at 1:15pm in Fellowship Hall- We welcome Chaplain Luke and his wife Lori for this special presentation.

Free Blood Pressure Screenings - Thursday, May 19th from 10:00-11:00am in the Whitewater Conference Room- Screenings courtesy of the staff from Fort Wellness.

Fresh Bread Sale! - Friday May 20th at 2:30pm in the Piano Lounge

Abraham Lincoln Portrayal: "A New Birth of Freedom" - Monday, May 23rd at 1:15pm in Fellowship Hall.

Story Corp Informational Presentation - Tuesday, May 3rd at 1:15pm in Fellowship Hall Do you want to be a part of history?

Dwight Foster Public Library and Bridges Library System has partnered with StoryCorps, a national oral history non-profit, to record and preserve community stories & we'd love for you to be part of it! StoryCorps' mission is to preserve and share humanity's stories to build connections between people and create a more just and compassionate world. At the same time, StoryCorps is creating an invaluable archive for future generations online and in the Library of Congress.

Amy Christian, a trained facilitator from Dwight Foster Public Library will be giving information about this project and how you can be a part of it. The presentation will be to share what StoryCorps is. Then you can sign up to share your stories and participate on Saturday, May 14.

Participants will find a compassionate, respectful environment in which to share their stories. Participants will have up to 40 minutes to record a conversation. Participants can choose their conversation partner and what they would like to talk about. (The program will last around 30 minutes, ending in time for Current Events to start at 2pm)

Maximizing the Benefits of Your Hearing Devices - Fort HealthCare

To maximize the benefits you receive from wearing hearing devices, follow these hearing health and maintenance guidelines.

Maintaining Your Hearing Health

- 1. We recommend you have an audiogram every two years to determine if your hearing devices should be reprogrammed to compensate for any additional loss.
- 2. Wear your hearing devices daily to allow your brain time to relearn sounds.
- 3. Do not miss a regularly scheduled checkup.
- 4. Do not wear someone else's hearing devices.

Taking Care of Your Hearing Devices

- 1. Clean your earmolds daily to remove any buildup.
- 2. Remove your hearing devices before taking a shower or going swimming.
- 3. Do not expose your hearing devices to hairspray.
- 4. Do not expose your hearing devices to radiation from X-rays.
- 5. Do not try to repair your own hearing devices.
- 6. Do not use alcohol or cleaning fluid on any parts.
- 7. Regularly check the plastic tubing on your hearing devices for debris.

Battery Care

- 1. Replace batteries routinely; the average battery life is seven to ten days.
- 2. Memorize the battery size your hearing devices require.
- 3. Turn off your hearing devices at bedtime and keep the battery compartment open to al low any moisture to evaporate.
- 4. Store batteries at room temperature.
- 5. Do not carry loose batteries in your pocket or purse.
- 6. When newly purchased, hearing device batteries are sealed with a tab to ensure freshness. Do not remove this tab until you are ready to use the battery. Once you remove the tab, allow the batter to charge for 30 60 seconds prior to placing it into the hearing device.

Contacts:	Fort Health Care
Cheryl Kinney, Au.D.	Kimberly Knudsen, Au.D.
Fort Atkinson Location	Whitewater Location
cheryl.kinney@forthc.com	<u>kimberly.knudsen@forthc.com</u>
920.563.6667	262.473.8920

Mini Mart News - May 2022

Mother's Day cards abound in the Mini Mart. We have cards for daughters, daughters-in-law, sisters, nieces, and general ones. You might be surprised to see you need one – or more!

The Mini Mart, located on the Lower Level, is open **Monday and Wednesday**, 12:30-3:00pm. It is open for all residents, including Prairie Village. The Mini Mart is a long time project of the Friends of Fairhaven and supported totally by volunteers. We appreciate your support since your purchases help support projects that benefit all residents.

Window Washing at Fairhaven

Cloute Window Washing will be at Fairhaven to do the spring window washing (inside and out) starting on **Monday, May 23**. We will be starting in the C building and then work our way throughout the rest of the buildings. The order will be 4C-2C-E2-D2-E1-D1-B-A- 3AA-2AA-1AA. As in previous years, housekeeping will be moving your furniture away from the windows so the crew from Cloute Window Washing can wash your windows. Housekeeping will then put everything back in place once they are done.



When they are here working, they may get to the outside of the windows before they get to the inside so don't be alarmed if you see a window washer outside of your window during the time that they are here. They **generally start between 8-8:30 in the am and work until 4pm.** We appreciate your cooperation and patience while this service is being done.

Thanks, Betty Schelb- Director of Environmental Services

Welcome our New Residents

Peggy Anderson 110E Marion Bowar Health & Rehab Doris Hanson Health & Rehab Shirley Hapka Health & Rehab Geraldine Kropacek Health & Rehab Thomas Lange Health & Rehab Dolores Masker Health & Rehab Chervl Olson Prairie Village Shirley Sebranek 442C Pamela Wright Health & Rehab

Trishaw Rides (Cycling Without Age)

We are excited for warmer weather and to get the Trishaws out of the garage!

More information will be up on Touchtown (CH: 900) as the weather warms up and schedules are made. Once a schedule is made we will get a flyer delivered/put in your mailboxes.

Fairhaven Resident, Jerry Grant is a WUL(Whitewater Unites Lives) Hometown Hero!

Jerry was nominated "for serving more than 20 years on the Walworth County Board in many leadership positions and for the countless hours he spent helping children by donating his time and talent to the Kiwanis Whitewater Breakfast Club." (Whitewater Banner)

Thank you and Congratulations Jerry!



Resident Council Update—May

Judith Moldenhauer is Resident of the Month

We are delighted that Judith, a Prairie Village resident, is May's Resident of the Month. She was nominated by Dick Piehl, another Prairie Village resident, who says, "She has been doing a yeoman's work as social activities director for Prairie Village, organizing monthly movie nights, Fireside Dinner Theater gatherings, special meal, gatherings, etc., which have all been marvelous. She also in involved in working the Fairhaven Mini Mart." Another Prairie Village resident, Gary Fry, adds, "She and her team of elves spent hours decorating the Community Center at Christmas, though Judith did the lion's share of the work (especially on the planning and creative sides). She keeps our Holiday Tree in the lobby decorated with appropriate seasonal décor. She also keeps in close contact with Fairhaven Housekeeping to insure there are no issues with the cleanliness at the Community Center." In another life, Judith was "a Brian Robinson", and her enthusiasm for community involvement shows in all she does. For those of us who know Judith, we applaud her ongoing efforts in making our community an even better place to live. Thank you, Judith!

Thanks again...

To the Fairhaven Board, leadership, and employees, Walgreen's and McCullough's who brought COVID vaccines and boosters to us at Fairhaven and Prairie Village.

We are pleased to announce...

That Fairhaven Dining Services was nominated for the Nutrition and Foodservice Education Foundation award. Although Fairhaven did not receive the award this time around (who says not in the future?!), Millie Zarate, Food Services Director, is rightly proud of the Department's nomination & the materials that were submitted on its behalf. And now's a good time to thank everyone in Food Services for all they do for Fairhaven.

Now that was no April Fool's joke

The Fairhaven Bell Choir concert on April 1 was certainly no joke. Under the direction of Marion Burrows, the choir, composed of Fairhaven residents and friends from outside Fairhaven, combined their talents to give us a wonderful concert of traditional hymns. The concert was very well attended, and we look forward to the next one.

<u>Voices-19: Their Legacies Live On</u> by Brenda E. Cortez

Many of us know that David Stedman's (former Maintenance employee) wife, Cheryl, passed away in late 2020 from COVID. David was asked to contribute a chapter about Cheryl to the recently-published book "Voices-19...", which is a compilation of stories about Cheryl and 18 others who lost their lives during this time. Should you be interested in purchasing the book, go to www.bcbooksllc.com/voices19 or www.facebook.com/voices19book/.

Nominations for Resident/Volunteer of the Month

Please note that the Council has added "Volunteer" to this designation. That gives us an opportunity to acknowledge the contributions of non-Fairhaven/Prairie Village residents who contribute to our community. (There is a list of previously-honored residents and volunteers posted on the Lower Level Resident Council Bulletin Board.) Nominations can be made by any Fairhaven or Prairie Village resident to any Resident Council member, preferably in writing, with information about why you are nominating this person. You can always leave your nomination in the Main Lobby Suggestion Box, located by the Main Lobby Coffee Bar. Or get your nomination to Prairie Village resident, Kathy Ross.

Fairhaven and Prairie Village Little Free Libraries

Thanks to all who use our Little Free Libraries – however, you use it – as a contributor or a reader. Both are in their permanent homes, awaiting you!

Look for new Hummel displays in the Fellowship Hall display cases early this month.

Looking ahead to June

Lincoln Elementary School 5th Grade Musical Concert led by Christine Hayes Wednesday, June 1st at 1:15pm in Fellowship Hall

Wisconsin Historical Society Presentation: How to Drink a Beer Thursday, June 2nd at 1:15pm in Fellowship Hall

Get a fresh understanding of where to find the beer flavors you like. Learn to become a "beer connoisseur" and discover the evolution of today's craft brews. Add to your understanding to appreciate beer and its flavor language: pilsner, porter, IPA, IBU, ABV, export, hops, malt, ale, lager, yeast, fermentation, bock, dopplebock, bitterness, esters, fruitiness and more! During this presentation you will also be able to sample a Seipp Beer that the family has brought back into production!

Teepa Snow - June 15 - Young Auditorium (UW-Whitewater Campus)

Fairhaven is excited to be a sponsor in bringing Teepa Snow, one of the World's leading Dementia educators, to Whitewater this summer!!! **Wednesday, June 15th**, Teepa Snow will have 2 Sessions being held at the Young Auditorium on the campus of the University of Wisconsin-Whitewater and sign up is free and open to the public. Morning Session is from 9:00-11:45am with the topic: *A Positive Approach to Dementia Care*; lunch break from 11:45-1:00pm; and Afternoon Session from: 1:00-3:30pm with the topic: *Coping with Challenging Situations in Dementia Care*.

This event is being offered to those that would be Independent while at the Young Auditorium as staff on site will be there for the training-Fairhaven will provide transportation to and from the event. If interested in going to either or both of the sessions, please sign up at the front desk by Friday, June 10^{th} . Event Flyers can be picked up at the front desk. Transportation times will be 30 minutes prior to the start times of each session. Any questions please contact Brian in Leisure Services. (Prairie Village update will come from Paul at his May 10^{th} Coffee & Chats Session)

