

Memorial Day

Just a reminder that there will be no mail delivery on **Monday, May 29th** in honor of Memorial Day.

The Reception Desk will be open from **9:00 a.m. - 2:00 p.m.**



Devotions with Chaplain Luke Bocher

Tuesday: Devotions with Chaplain Luke
4th Floor Dining Room - 10:00 a.m.

Wednesdays: Devotions with Chaplain Luke
11:00 a.m. - Fellowship Hall & Ch. 900

**Beauty Shop Mother's Day Special
Monday, May 8th only**



Ladies, get beautified for Mother's Day! For one day only, Maribeth is offering:

- Full Manicure—\$17 (reg. \$20)
- Cut, File & Polish—\$13 (reg. \$15)
- Cut & File Nails—\$8 (reg. \$10)

To take advantage of this deal, please call Maribeth at 414-559-9121 for an appointment. There are a limited number of spots available.

Happy Birthday!

Margaret Hancock	01
Mary Sorensen	01
Barbara Davis	03
Sonjia Schneider	03
Carolyn Behrens	04
Judith Triebold	04
Karin Campbell	05
Kathy Ross	05
Ruth Kromholz	06
Phillip Neustedter	09
Cheryl Olson	09
Gale Plath	09
Robert Ehrike	10
Sue Mealy	10
Dale Green	13
Betty McManaway	16
Sally Neustedter	17
Mary Mayer	19
Jo Ann Mohle	20
Mary Ann Ehrike	21
Doris Willis	24
Richard Enstad	27
Russell Saunders	27
Steve Ryan	28
Connie Zimmerman	28
Sandra Freidl	30



Holy Communion Offered

On Wednesday, May 10 Chaplain Luke will offer Holy Communion during the 11:00 a.m. devotions. If you would like to take communion but are not able to be at the service, leave a message at the chaplain's office and Chaplain Luke will come to your room to serve you.

In Memory of

**Marcia Yochum
Roy Sheahen**



**Ladies Tea Thursday, May 11th
\$13.00 per person**



We will be hosting a ladies tea Thursday May 11th in celebration of Mother's Day. This will be held in the Skylight Dining Room at noon. We will be using the beautiful Teacups displayed along the wall.

A variety of finger foods will be served along with a decadent selection of desserts! Reservation will be required as seating is limited, and each lady may bring one guest. You will pick out a teacup at check in and your tea (or coffee) will be served to you in the cup you selected. You are invited to wear traditional tea attire of bright colors, hats, and gloves.

Audiologist

May 17 will be the last day an audiologist will be here at Fairhaven to provide services. If you have an appointment scheduled past that, they will be contacting you to reschedule into the office here in Whitewater. They have enjoyed working with the residents of Fairhaven and look forward to continuing services in their office.

Current Events & Ideas
Tuesday afternoon 2:00-3:00
Olm Fellowship Hall.

This group provides an opportunity for free and open discussions on a variety of subjects from world events to local concerns and ideas of all sorts. We also provide the opportunity for new friendships and getting to know one another on a more personal level sharing much laughter and even a few tears.

First Citizens State Bank
Representatives
will be at Fairhaven
Fridays from
9:30—10:30 a.m.
Private Dining Room



BINGO in May
with Allen Grady

Friday, May 12 1:15pm
Friday, May 26 1:15pm
Olm Fellowship Hall



Happenings at Fairhaven in May!

Wednesday, May 3rd at 6:30pm in Olm Fellowship Hall & Ch: 900—The First United Methodist Church Chancel Choir is thrilled to present their concert of favorite anthems of the year to Fairhaven! Accompanied by Jim Athas on piano, we will present music ranging from the Renaissance through contemporary including cultural and spiritual styles. Our music will make you smile and touch your hearts, singing words of faith. We hope to see you on May 3.

Friday, May 5th at 1:15pm in Olm Fellowship Hall—Bingo w/ UW-W Wheelchair Basketball Teams. Come on down for an exciting afternoon of Bingo with members of both the Men's and Women's Wheelchair Basketball Teams.

Friday, May 5th at 2:30pm in the Skylight Dining Room—Cinco de Mayo Social! Come down and enjoy a Mexican themed snack and a Margaritta (will also have non-alcoholic margaritas available).

Monday, May 8th at 1:15pm from Olm Fellowship Hall – Book Presentation on: Amphibians and Reptiles of Wisconsin with Joshua Kapfer. Mr. Kapfer is a Certified Wildlife Biologist® and professor in the department of biological sciences at the University of Wisconsin–Whitewater. This long-awaited, state-of-the-field synthesis includes hundreds of color photographs and illustrations, state-level and North American range maps, dichotomous keys, and research and conservation anecdotes that will entertain and inform even the most dedicated nature lover. *Amphibians and Reptiles of Wisconsin* is set to become a lasting resource and armchair companion for anyone in the Midwest interested in the state's natural history and amphibian and reptile fauna.

Thursday, May 11th at 3:00pm in Olm Fellowship Hall—Fairhaven's own Shannon Schoville will be joined by pianist Ian Nie to perform a short recital, featuring a variety of songs ranging from gospel to 1950's jazz to Broadway, and even an opera aria.

Monday, May 15th at 1:15pm in Olm Fellowship Hall—Listening Session with REPRESENTATIVE ELLEN SCHUTT. This session, Ellen is serving as the vice chair of the Committee on Criminal Justice and Public Safety. She will also be a member on the Committees on Agriculture, Colleges and Universities; Health, Aging and Long-Term Care; and Transportation. The **31st Assembly District of Wisconsin** is one of 99 districts in the Wisconsin State Assembly.^[2] Located in southern Wisconsin, the district comprises southeast Rock County and most of the northern half of Walworth County. It includes the city of Elkhorn, the southern half of the city of Whitewater, and parts of eastern Beloit, as well as the villages of Clinton and Darien. (This program will be closed to the public)

Tuesday, May 16th we will be heading over to Jessica's Family Restaurant here in Whitewater for a brunch outing. Transportation will leave the front lobby at 10:15am and other locations if needed (AA building/Prairie Village Community Center). Given that breakfast is served all day and lunch starts at 10:00am, you can order whatever you would like. **If interested in going we ask that you sign up with the front desk by Sunday, May 14th.**

More Happenings at Fairhaven in May!

Wednesday, May 17th at 1:15pm in Olm Fellowship Hall we welcome UW-Whitewater Director of Athletics Ryan Callahan for an end of the 2022/2023 athletic school year presentation and will also touch on some upcoming events.

Thursday, May 18th at 1:15pm in Olm Fellowship Hall—Friends of Fairhaven 60th Anniversary meeting and presentation featuring a slide show and talks by David Yochum, Kathy Ross, and several others.

Thursday, May 18th at 2:15pm in the Piano Lounge—Join Jim Olm for a piano lounge style program.



Thursday, May 18th at 2:15pm in the Piano Lounge—Fresh Cheese Curd Sale! Proceeds for sales this month will go to New Beginnings APFV; providing Jefferson and Walworth counties with comprehensive, compassionate support and services to people affected by domestic abuse, sexual violence, stalking, harassment and human trafficking. This includes crisis intervention, legal advocacy, safety planning, individual counseling, housing advocacy, children's services, medical advocacy and information and referral to other relevant community resources.

Friday, May 19th at 1:15pm in Olm Fellowship Hall—Bingo w/ Ang from New Beginnings

Saturday, May 20th at 4:00pm in the Piano Lounge—Saturday Social

Saturday, May 20th at 6:00pm in Olm Fellowship Hall and on CH: 900— Mukwonago Area Community Choir Spring Concert: The Sun, Moon & Sky. This spring concert will feature various songs about the sun, moon and sky. Drawing from the classical, contemporary, pop, and jazz genres, they will explore how composers use these three subjects to influence their compositions. Some may use "word painting," while others focus more on the rhythm or catchy melodies. Regardless, they hope you will enjoy each piece's unique musical journey!

Monday, May 22nd at 1:15pm in Olm Fellowship Hall & Ch:900—Steel Drum Music w/ Bahama Bob. Get dressed in your tropical clothes and sit back while Bahama Bob provides us an enjoyable and relaxing afternoon. Don't forget to plan on a fruit smoothie afterwards with our social!

Monday, May 22nd at 2:30pm in the Skylight Dining Room—Come down for a Fruit Smoothie Social. You will not want to miss out on this one!

Wednesday, May 24th at 10:15am in Olm Fellowship Hall—Hymn Sing with Janet Hardt.

Thursday, May 25th at 10:30am in Olm Fellowship Hall—We welcome Rev. Joseph O'Donnell from First English Lutheran Church who will be holding a monthly worship service consisting of prayer, scripture reading, and then either a devotional reading or a sermon, followed by communion. This will be held the last Thursday of every month at 10:30am.

Thursday, May 25th at 1:00pm in Olm Fellowship Hall—City of Fort Atkinson Update from Rebecca Houseman, Fort Atkinson City Manager. Come and hear from Rebecca about what has been happening and what the future might have for all things Fort Atkinson.



Friday, May 26th at 2:15pm in the Piano Lounge—Fresh Bread Sale

Wednesday, May 31st at 1:30pm in Olm Fellowship Hall—Kettle Moraine Christian Home School Co-Op Musical Program. The kids have named their group Deo Gloria Music. They would include a number of patriotic songs since it is so close to Memorial Day along with other selections. We hope to see you down in Fellowship Hall to show some support to these kids!



Employees Christmas Fund Update

My name is Karen Christofferson. I have lived in Prairie Village with my husband Tom for 5 years. I am the new representative from Prairie Village for the Employee Christmas Fund Committee and its chairman. I am fortunate to serve with Fairhaven resident Henry Malo.

For many years residents of Prairie Village and Fairhaven have felt it appropriate to remember the employees at Christmas, as Fairhaven prohibits tipping of employees by residents. The Employee Christmas Fund was developed in response to this idea.

The Fund will be accepting donations at any time during the year. We will continue to offer our mid-year and late year donation opportunities. This can be done by check, cash or monthly automatic debit.* Donations can be deposited into the locked box in the Prairie Village Community Center, mailed to me at 873 Burr Oak Trail, given to Henry, or taken to the front desk at Fairhaven. Please use a sealed envelope labeled for Employee Christmas Fund for all donations.

*If you are interested in the monthly automatic debit, contact Penny Ardel at First Citizens Bank, 262-473-1411. You do not have to be a First Citizen customer to use this service.

Seven Things Women Need to Know About Hearing Loss - Fort HealthCare

Hearing issues in women are common—nearly one in eight U.S. women report having trouble hearing. Staying on top of hearing health is crucial because untreated hearing loss can profoundly impact the quality of life. In celebration of National Women's Health Week (May 14-20), we'd like to share seven things you should know about the relationship between your hearing and overall well-being.

1. Adults with moderate hearing loss have a lot of trouble hearing and are five times more likely to experience heart disease.
2. Having diabetes doubles your risk of hearing loss.
3. Older women with hearing loss are more likely to have depressive symptoms than men with hearing loss.
4. Lifestyle choices affect hearing loss—smokers and people with low physical activity are at risk for hearing loss.
5. Taking ototoxic medications, such as ibuprofen, can lead to hearing loss. There are over 200 ototoxic medications that can endanger hearing.
6. Hearing loss is linked to cognitive decline. Research shows using hearing devices can slow the rate of decline.
7. Women with hearing loss may feel tired. When your brain receives incomplete sound signals from your ears, it has to work overtime, leading to fatigue.

Fortunately, prioritizing your hearing health is simpler when you have a medical provider who understands your unique needs. Our doctoral audiologists are highly trained in assessing the root cause of your hearing issue, creating an individualized treatment plan that fits your lifestyle, precisely programming and fitting hearing devices when indicated and providing expert follow-up care.

Enjoy an unparalleled hearing health experience from patient-focused audiologists who take the time to get to know you. Call Fort HealthCare Audiology at 920.563.6667 in Fort Atkinson or 262.473.8920 in Whitewater to explore your options and schedule a hearing evaluation or complimentary hearing screening.

Contacts:	Fort Health Care
Cheryl Kinney, Au.D. Fort Atkinson Location cheryl.kinney@forthc.com 920.563.6667	Kimberly Knudsen, Au.D. Whitewater Location kimberly.knudsen@forthc.com 262.473.8920

Resident Council Update – May 2023 The Employees Christmas Fund Update

...is not here but elsewhere in this newsletter. We are grateful to everyone who donates to this special fund and/or works on the Committee. Fairhaven's Henry Malo and Prairie Village's Karen Christofferson are continuing the leadership work necessary to insure this worthy cause continues.

Resident of the Month/Volunteer of the Month nominations needed?

Who do we honor? Fairhaven and Prairie Village residents who go above and beyond to help our community. We also celebrate non-residents who are regular contributors to the various programs and services provided through Fairhaven and Prairie Village.

Why do we honor? Every now and then most everybody appreciates being acknowledged for doing what they enjoy doing – helping others.

Who has already been honored? You'll find a list of all honorees on the Lower Level Council bulletin board and on the bulletin board outside the Community Center Library.

How do you nominate someone? Leave your written nomination at the Front Desk – ask that it be put in the Resident Council mailbox. Or email it to Kathy Ross – kathymross@gamil.com.

Little Free Libraries

This quoted information is from the current Little Free Library organization's newsletter. "Over the next three years, we will place and sustain a Little Free Library book-sharing box in every book desert in the United States. Our goal is to establish 2,500 Little Free Libraries in high-need areas where books are scarce." Given our abundance of books, it's hard to imagine there are "book deserts" but there are.

Please continue to help yourself and donate as you can to either or both Fairhaven and Prairie Village's Little Free Libraries.

All residents are invited to our next meeting scheduled for May 18 at 9:30 in Olm Fellowship Hall.

Window Washing at Fairhaven

Cloute Window Washing will be at Fairhaven to do the spring window washing (inside and out) starting on **Monday, May 22**. We will be starting in the C building and then work our way throughout the rest of the buildings. The order will be 4C-2C-E2-D2-E1-D1-B-A- 3AA-2AA-1AA. As in previous years, housekeeping will be moving your furniture away from the windows so the crew from Cloute Window Washing can wash your windows. Housekeeping will then put everything back in place once they are done.

When they are here working, they may get to the outside of the windows before they get to the inside so don't be alarmed if you see a window washer outside of your window during the time that they are here. They **generally start between 8-8:30 in the am and work until 4pm**. We appreciate your cooperation and patience while this service is being done.

Thanks, Betty Schelb- Director of Environmental Services

Guest Rooms Available

Effective May 1st, Fairhaven will open up 4 guest rooms available for overnight stays. Rooms **must be reserved through the front desk**, and will be on a first come-first served basis. Each room can accommodate 2 people, with cots available for an additional fee if needed. Room rate is \$85 per night for single, and \$95 per night for double, and does not include meals. Cots are \$15 per night, plus a \$10 set-up fee. Please contact Tena or Shannon in the Fairhaven front office to reserve a room.

Friends/Mini Mart Update

Please join us on May 18 at 1:15 in Olm Fellowship Hall for a program about the Friends' 60th anniversary. You'll see more detailed information about the program in the "Happenings at Fairhaven in May" section of this newsletter. One piece of the Auxiliary's history is that the original members spent much time sewing and knitting items such as slippers, quilts, aprons, leg warmers, lap robes, and walker bags. These essential items gave Fairhaven a ready inventory for these items for residents. The Mini Mart, located on Fairhaven's Lower Level, is open **Monday and Wednesday afternoons 12:30-3:00**. It is open for all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.