

All Saints Day Celebration

God blesses us and has walked with us each day of our lives. Yet as Christians we also know that one day it will be time for all of us to leave this earth and spend eternity with our Lord.

On November 1st at our 11:00 am devotion service we will observe All Saints Day. During the service we will remember those we love and have lost and give thanks for their lives and their presence with God in God's Kingdom. We will light a candle for each one as we mention their names. If you have a name of someone you would like us to remember, please contact Chaplain Luke. You can contact him personally or leave a message for him at the front desk. Thanks be to God who gives us life on earth and life after death.

Welcome to Fairhaven!

Mike & Mary Melle	219AA
James & Carol Menzer-Perry	101AA
Don & Jo Norman	PV
Dave & Sue Potter	PV



Programs with Chaplain Luke Bocher:

Tuesday: Devotions in the Piano Lounge with Chaplain Luke—10:00-10:30 am

Wednesdays: Devotions with Chaplain Luke 11:00 a.m. - Olm Fellowship Hall
(Please note devotions on Wed., November 22nd will be moved to the Piano Lounge.)

Thank you!

As you see Millie Zarate, Director of Dining Services, over the next couple days, please tell her thank you and wish her well. She departs Fairhaven at the end of the day Nov. 3 to begin her next new adventure at Cedar Crest in Janesville. She has been a wonderful addition to the Fairhaven team for the past seven years, and we wish her the very best. We also want to welcome Jasmyne Hauger as she moves into the leadership position Millie is vacating. She has some big shoes to fill!

Catholic Mass for November

Wednesdays - November 1 at 10:00 am in Olm Fellowship Hall

Catholic Communion:

Tuesday, November 21st at 10:00am in Olm Fellowship Hall.

Rosary

Tuesdays at 2:00 pm in the B Lounge

Happy November Birthday!!!

Richard Haney	01
H. Gaylon Greenhill	02
Tina Plath	05
Shirley Klindt	06
Curt McCulley	12
Jacob Gerlach	16
Geraldine Mosley	16
Jerry Knox	20
Mary Melle	20
Darla Enright	21
Ruth Nicholson	23
Dorothy Koenitzer	24
Barbara Jaquith	24
Kathleen Schumacher	24
Karen Hicks	25
Carol Aiken	27
Carla Cheek	27
Chris Lange	27
Max Rigert	29
David Stimpson	29



Eyeglass Adjustment

November 15 from

10:15 - 11:00 am

Whitewater Conference room



In Loving Memory of

Jim Davis

Donna Henry

Sue Stanley



Activities in November

Wednesday, November 1st at 1:15 pm in Olm Fellowship Hall—Day 1: Trust, but verify. We will be discussing identity theft and scams as a whole, giving practical advice on how to evaluate if something is real or fake and how to safe guard your personal information. Scam presentations from Fort Community Credit Union

Wednesday, November 1st at 5:45 pm in Olm Fellowship Hall—UW-W Women's Volleyball Team visit (no movie tonight)

Thursday, November 2nd at 1:15 pm in Olm Fellowship Hall—Day 2: Slow down. We will be discussing five specific types of scams in depth: 1) lottery and sweepstakes scams, (2) grandchild and other imposter scams, (3) charity scams, (4) romance scams, and (5) contractor fraud. Scam presentations from Fort Community Credit Union

Thursday, November 2nd at 3:00 pm in Olm Fellowship Hall—UW-W Music Program w/ Dr. Karen Boe's students—a group of seniors, juniors and sophomores performing works of Debussy, Chopin, Mendelssohn, Kabalevsky, Schubert, and Gershwin.

Thursday, November 2nd at 5:45 pm in Olm Fellowship Hall—Bingo night with UW-W Student Group Delta Chi (fraternity) and Delta Zeta (sorority).

Friday, November 3rd at 10:50 am in Front Lobby—Culver's Lunch Outing Please sign up at the front desk by Thursday, November 2nd if you are interested in going.

Friday, November 3rd at 1:15 pm in Olm Fellowship Hall—Dog treat making with UW-W Student Group Alpha Sigma

Saturday, November 4th at 1:15 pm in Olm Fellowship Hall—Bingo

Monday, November 6th from 1:00-2:00 pm in Olm Fellowship Hall—Something new!! Join a Drum Circle with Christine Hayes. No musical experience necessary. Have some fun playing a variety of drums and shakers provided by Christine and Fairhaven, or bring your own if you have one!

Tuesday, November 7th at 10:30 am in Olm Fellowship Hall—All Gershwin Piano Program by Wade Woelfle and Gail Bisbach. ****No Fitness Class on this Date****

Wednesday, November 8th at 10:00 am in the Front Lobby—Pet Therapy with Cheryl

Thursday, November 9th at 2:15pm in the Piano Lounge- Fresh Cheese Curd Sale

Friday, November 10th at 10:00 am in Olm Fellowship Hall—Veteran's Day Program. This will be a different program than years past.

Friday, November 10th at 1:15 in Olm Fellowship Hall—Arts & Crafts project with UW-W sorority Tri Sigma

Saturday, November 11th at 1:15 pm in Olm Fellowship Hall—Afternoon Movie

Monday, November 13th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W Honors Group: Information Technology Students.

Tuesday, November 14th at 1:15 pm in Olm Fellowship Hall—Whitewater High School Music Masters performance, a program provided by Friends of Fairhaven.

Wednesday, November 15th at 10:10 am in the Front Lobby—Pet Therapy with Jim & Pat



More Activities in November...

Wednesday, November 15th at 5:45 pm in Olm Fellowship Hall—Quarter Bingo w/ UW-W Pre-Health Student Group. (movie will be moved to Thursday evening this week.)

Thursday, November 16th from 10:00-11:00 am in the Whitewater Conference Room—Free Blood Pressure Screenings from Fort Wellniess Staff.

Thursday, November 16th at 3:00 pm—Depart for UW-W Women’s Gymnastics practice. We will be back before 5:00 pm.

Thursday, November 16th at 6:00 pm in Olm Fellowship Hall—Movie Night

Friday, November 17th at 1:15 pm in Olm Fellowship Hall—Casino Day! Leisure Services intern Sophie, as part of her internship project, will turn Olm Fellowship Hall into a Casino for a fun afternoon!

Friday, November 17th at 2:15pm in the Piano Lounge- Fresh Bread Sale

Saturday, November 18th at 1:15 pm in Olm Fellowship Hall—Afternoon Bingo

Tuesday, November 28th at 6:30 pm in Olm Fellowship Hall—Evening Event w/ UW-W Student Group Circle K.

Wednesday, November 29th—Lunch Outing to Rick’s Eastside: Transportation will leave starting at 10:50 am and it is asked that you sign up by Monday, November 27th if interested in going.

Wednesday, November 29th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W Women’s Golf Team (movie night will be Thursday night)

Thursday, November 30th at 6:00 pm in Olm Fellowship Hall—Movie Night. (no quarter bingo tonight.)

Fairhaven Lecture Series—Fall 2023: Mondays at 3:00 p.m. in Olm Fellowship Hall

A Legacy of Lifelong Learning: Celebrating 40 Years of Community Conversations

Since 1983, faculty, staff and community leaders have presented public lectures as part of the Fairhaven Lecture Series. This fall, we celebrate four decades of timely and relevant presentations by showcasing the University’s award-winning faculty and staff who are committed to providing exceptional education experiences for all. Once dubbed “one of Whitewater’s best kept secrets,” the Series has become a well-known tradition, engaging our community and transforming lives. Join us in celebrating 40 years of conversations, won’t you? Join us Mondays at 3:00 pm in Olm Fellowship Hall.

November 6	The Road to Nationals: Performances of the UW-Whitewater Forensics Team— The presentation will be 3 performance from the UW-Whitewater Forensics Team.
November 13	Institutional Integrity and Legitimacy: Today’s Supreme Court— Jolly Emrey, Associate Professor, Politics, Government, and Law

We want to remind all that the Fairhaven Bus will be running like normal with a pickup at 829 Burr Oak at 2:35 and the Community Center right after. You do not need to sign up for these rides and return ride will happen immediately following the lecture.

All lectures are free and open to the public and are held on Mondays at 3 p.m. in the Olm Fellowship Hall of [Fairhaven Senior Services, 435 West Starin Road, Whitewater](#). Street parking is adjacent to the building. Masks may be required in common areas at Fairhaven Senior Services. Please be prepared on arrival. Unable to attend? Links to videos of lectures, can be found at <http://www.uww.edu/ce/fairhaven>.

A Thanksgiving Prayer by Chris Lange



Heavenly Father, Creator and Giver of all things, You are the Bestower of all Life and all we have, of all sustaining gifts. (Romans 8:28, Thessalonians 5:18.) We ask that a place be set for You at our tables, that You will be seated with us and bless the yields You have granted to farms and fields, which we enjoy today. We pray Your love will bless each home and hearth and table, and peace will be present wherever we gather together in Your Name.

Father, commend Your loving and tender care to all who have become widows or widowers, orphans or mourners or sufferers in this nation even through civil strife or challenge, and to heal its wounds. We ask that those across the globe who are in turmoil or suffering be strengthened by Your loving support, and that You will keep them safe from war. We give thanks for life and faith, for family, friends and loved ones, for good times of celebration with food and prosperity, and for country, for Nature, and for this Earth, our home. We give You thanks for all these gifts we do not of our own merit deserve, but which You lovingly give freely, and pray You accept our Thanksgiving Prayer.

Father, You are the Giver of all we have, and all we are! We give thanks in the face of life's challenges that You take away our grief and sorrows, that You will and have answered our prayers for healing, and for Your loving care. We give thanks for Your ever present love and compassion, for the Holy Spirit who through Jesus' baptism brings our Souls freedom in Salvation, and for our Lord, our Rock, exalted as God of the world. (Psalm 18:3, 63:19).

We pray all these things in Your Son Jesus' Name, who is our Truth and our Guiding Light.
Amen

Resident Council Update

Dawn Rocha, One of Our Most Senior Employees

Do you remember where you were on August 29, 1986? Well, Dawn does since that was her first day of employment at Fairhaven. She's been here ever since and held a multitude of responsibilities, especially scheduling employees. Dawn currently is Fairhaven's Personnel Manager, so most of us don't see too much of her. If you do, however, please thank her for many years of people and detailed-oriented work. We're grateful that she attended our October meeting and told us about her years of service here.

Employee Christmas Fund

You may already have received or will soon our letter reminding you why we have an Employee Christmas Fund and how you can chose to donate. Any questions about this year's collection can be asked of Henry Malo at Fairhaven or Karen Christofferson at Prairie Village.

Resident/Volunteer of the Month nominations are always welcome!

Please leave written nominations at Fairhaven's Front Desk or email to kathymross@gmail.com.

Boxes

Should you need a box for any of your end of year packing, shipping, etc., check the locker across from the Lower Level Exercise Room. There very well may be something you can use. Donations are always appreciated!

Libraries

Books aplenty everywhere you look in our libraries and our Little Free Libraries!

All residents are invited to our next meeting scheduled for November 16 at 9:30 in Olm Fellowship Hall.

CURRENT EVENTS and IDEAS

Should we be talking about politics at Fairhaven? Absolutely! Even as we talked about Israel because we believe Senior citizens need to be acutely aware and informed as to what is happening in our world. Come to learn and discuss a variety of subjects each Tuesday 2:00-3:00 in Olm Hall.

NEW Fiber Arts Social Group

Join us Mondays from
9:30-11:00 am in the Piano Lounge
Crocheters, knitters, needle crafters.
Please stop by and join in!
All are welcome.



Area Banks offer services at Fairhaven...

First Citizens State Bank—Thursdays from 11:00 - 11:45 am in the Private Dining Room.

Premier Bank - 10:00-11:00am, Private Dining Room on the 2nd and 4th Fridays. Please call Premier Bank's Whitewater Branch Manager **Krystal Walsh** with any questions about your account or this new, convenient service. Krystal can be reached at **262-458-2933**, email: kwalsh@bankwithpremier.com.



Thank you!! Betty Schelb and Paul Frank Florine American Legion Auxiliary Unit #166 of Fort Atkinson want to thank you for your donation of Christmas cards to Their Veterans Christmas Cheer Project. With the number of cards that have been donated the Auxiliary members along with the help of Brownie Troop 7359 from Fort Atkinson will be able to send Christmas Cards out to the Veterans at Wi Veteran Homes in Union Grove, King, Chippewa Falls, & Tomah and also to those having in-patient care at Milwaukee-Zablocki, Madison-Middleton Memorial Hospitals.

SEP Team Tip for November: Winter Car Emergency Supply Kit

Before our Wisconsin winter weather hits full force, November is a good month to make sure you have a well-stocked emergency kit in your vehicle, and that the items in it have not expired. Vehicle emergency supply kits should include:

- A properly inflated spare tire, wheel wrench and tripod jack
- Jumper cables
- Tool kit and/or a multipurpose utility tool
- Flashlight and extra batteries
- Reflective triangles and brightly colored cloth to make your vehicle more visible
- First aid kit with gauze, tape, bandages, antibiotic ointment, aspirin, a blanket, non-latex gloves, scissors, hydrocortisone, thermometer, tweezers and instant cold compress
- Nonperishable, high-energy foods, such as unsalted nuts, dried fruits and hard candy
- Drinking water
- Reflective vest in case you need to walk to get help
- Car charger for your cell phone
- Rain poncho
- Snow brush
- Shovel
- Windshield washer fluid
- Warm clothing
- Cat litter or sand for traction
- Blankets



It's also a good idea to keep family and emergency phone numbers, including your auto insurance provider and a towing company, in your phone.

Friends/Mini Mart Update

Our last program of 2023 and an opportunity to celebrate a Friend

Please join us in Olm Fellowship Hall at 1:15 on Tuesday, November 14 for our traditional end-of-year concert by the Whitewater High School's Music Masters, led by vocal music instructor Karen Tordera. Fairhaven resident Carole Scharinger has been a part of these for many of those years. She will continue to be a part of our Friends leadership group but is handing the responsibility for this program beginning next year to another Friend, Jeanine Fassl. We greatly appreciate Carol's faithful service.

Christmas is Coming!

Please plan to visit the Mini Mart for some (maybe all?!!) your Christmas shopping. We will have an abundance of individual and boxed Christmas cards and some decorative and gift items.

The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open for all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.



The Importance of Follow-Up Appointments

Once you've been diagnosed with hearing loss, you'll get to know the inside of your hearing care provider's office very well as you go through the fitting process and subsequent appointments for fine-tuning adjustments. Those visits don't end once your hearing devices are working properly; to ensure they are operating at their optimal performance level and you are receiving the maximum benefit, your provider will schedule regular follow-up appointments throughout your treatment.

Why follow-up appointments are beneficial:

1. Follow-up appointments give you an opportunity to meet with your provider regularly and share any questions or concerns you may have about your devices or overall hearing in general.
2. Regular hearing evaluations enable your provider to track changes in your hearing and make programming adjustments to help you continue to hear well and enjoy an improved quality of life.
3. Regular clean-and-check appointments for routine hearing device care and maintenance are a great way to prevent damage before it occurs and help extend the life of your devices.

To get the most from your follow-up appointments, come prepared by jotting down any questions you might have. Bringing along a family member or friend as a neutral third party can provide additional insight or a different perspective on your hearing ability.

Follow-up appointments might seem like a strain on your already busy schedule. However, the relationship you build with your provider through regular checkups and the comfort in knowing that your devices are working their best should convince you to make them a priority.

Enjoy an unparalleled hearing health experience from patient-focused audiologists who take the time to get to know you. Contact an audiologist at Fort HealthCare Audiology at 920.563.6667 in Fort Atkinson or 262.473.8920 in Whitewater to explore your options and schedule a hearing evaluation or complimentary hearing screening.

**Thanksgiving Dinner
Thursday, November 23, 2023**

Watch your mailbox for the Thanksgiving Day meal sign up sheet. This year we will serve in the Dining Room. **Unfortunately, no guest meals will be available.**

Reminder: Turn your Clocks Back when you go to bed Saturday night, November 4th!

Daylight Savings Time ends on Sunday, November 5th.



Attention Please

To: All Apartment Residents

There will be a meeting for all apartment residents concerning the levels of care on November 9th at 1:15 pm in Olm Fellowship Hall.

As a reminder, the levels of care will go into full effect on December 1, 2023. Nurses have started their evaluations, and will be in touch with each resident individually as that date approaches. If you have questions or concerns, please bring them to the meeting on November 9.

Thank you.
The Fairhaven Care Team

A Thanksgiving Turkey on Every Table

We'd given our turkey to a family that was even more needy. But who would help us?

By Mary Jarvis, Pawhuska, Oklahoma

I lifted the heavy lid of our old freezer in the garage and peered inside, looking for some vegetables to make for dinner. For the past year, we'd scraped by on my small teacher's salary while my husband, Mike, was away at graduate school. With three hungry teenagers to feed, it was a challenge to stretch our grocery dollars. Now, one glance at the half-empty freezer made me question what I'd done on impulse a week earlier.

The Tuesday before Thanksgiving, Kathy, my 14-year-old, blurted out that one of her friends wasn't celebrating the holiday because her mother couldn't afford it. "We could give them our turkey, Mom," she said. "We don't need it since we're going to Uncle Pat's." How could I explain to her that I was saving our turkey for Christmas? We didn't have enough money for Mike to come home for Thanksgiving. The kids and I were going to my brother-in-law's so I wouldn't have to invest in a big dinner. How could I afford another turkey before Christmas?

We taught our kids to help others. But to help someone else when we could barely help ourselves? Still, I knew I couldn't say no. *Lord, I hope you have a plan because I sure don't.*

We gathered up a bag of potatoes and cranberry sauce I had in the pantry. I sent my son, Matt, out to the freezer in the garage to get some vegetables—and the turkey. When we brought Kathy's friend the food, her mother cried tears of joy. At the time, their happiness made me feel better about giving away our turkey. But now, looking into our freezer, I wondered, *Who's going to help us?*

I rummaged through the frozen containers—broccoli, carrots, some blackberries from our garden. I pushed aside some frosted bags of green beans and corn. Wait...something was there. Suddenly I stopped and stared. Nestled among the vegetables was a newly bought turkey.

I never found out who the mysterious donor was. Does it matter? Whoever it was knew exactly what we needed, when we needed it.

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