

DONATIONS TO THE 2024 EMPLOYEES CHRISTMAS FUND WILL BE GRATEFULLY ACCEPTED THROUGH NOVEMBER 22. PLEASE SEE THE RESIDENT COUNCIL UPDATE IN THIS NEWSLETTER IF YOU HAVE QUESTIONS ABOUT HOW TO DONATE.

Welcome to Fairhaven!



Olive Crawley	207D
Tom & Bev Ganser	PV
Judy Jensen	203AA
Ed Lamps	HS
Mary Ann Madson	117D
Tom Stanley	102D
Donna Usher	119D
Lucille "Cille" Weiman	111B

Handbell Choir Concert



Come join us on Friday, November 1, for some majestic music, some silly music, some pretty music, some seasonal music, and perhaps some inspirational music. Everyone will find something to enjoy! The choir will perform in Fellowship Hall at 10:00 a.m.!

Catholic Mass for November

Wednesday, November 6 at 10:00 am in Olm Fellowship Hall

Catholic Communion:

Tuesday, November 19th at 10:00am in B Lounge.

Rosary

Tuesdays at 3:20 pm in the B Lounge

Happy November Birthday!!!

Richard Haney	01
H. Gaylon Greenhill	02
Tina Plath	05
Shirley Klindt	06
Curt McCulley	12
Donna Usher	12
Jacob Gerlach	16
Wally Eichman	19
Ruth Nicholson	23
Dorothy Koenitzer	24
Barbara Jaquith	24
Kathleen Schumacher	24
Carol Aiken	27
Carla Cheek	27
Chris Lange	27
Max Rigert	29
David Stimpson	29
Mary Ann Weber	29



Programs with Chaplain Luke Bocher:

Tuesdays: Chats with Chap
10:00 am—Olm Fellowship Hall

Wednesdays: Devotions with Chaplain Luke
11:00 a.m.—Olm Fellowship Hall

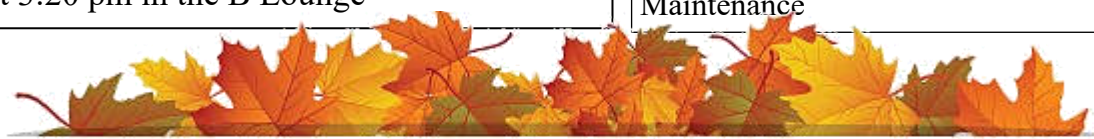
CURRENT EVENTS and IDEAS

We cover it all....World Events, Religion, Politics, Sports, etc...in our weekly discussions! You are invited to join us each Tuesday afternoon from 2:00-3:00 in Olm Fellowship Hall for conversation and good fellowship.

Prairie Village Residents:

Please remember to disconnect your garden hoses from your outside spigots to avoid freezing and water damage issues.

Thank you,
Maintenance



Activities in November

Friday, November 1st at 10:00am in Olm Fellowship Hall—Fall 2024 Bell Choir Concert

Friday, November 1st at 1:15 pm in Olm Fellowship Hall—Dog Treat Making with UW-W student group Phi Eta Sigma

Monday, November 4th at 1:15pm in Olm Fellowship Hall—Missionary Trip Presentation. Maria Ferguson, who many of you know from your monthly Blood Pressure Screening with Fort Wellness, will be here to talk about her missionary trip to Zihuatanejo/Ixtapa, Mexico. Many have asked what they do while in Mexico, and would like to hear more. Maria and her husband help feed 2 meals a day to up to 150 children. They have a non-profit organization out of Janesville, Wisconsin called Piedras Vivas, which means Living Stones in English. Come down to hear a little bit about what they do the 6 months they are in Mexico, serving a needy population of children.

Tuesday, November 5th at 10:45 am in Olm Fellowship Hall—Seated Tai Chi with Jennifer from Seniors in the Park

Tuesday, November 5th at 6:00 pm in Olm Fellowship Hall—Bingo with UW-W group AMA

Wednesday, November 6th at 10:00 am in the Piano Lounge—Pet therapy visits with Aoife and Cheryl

Wednesday, November 6th at 1:15 pm in Olm Fellowship Hall—Whitewater Historical Society Presentation: 1942 with Dave Desimone, Director of Black Point Estate

Wednesday, November 6th at 3:00 pm in Olm Fellowship Hall—Snowy ornament workshop with staff and volunteers from the Whitewater Arts Alliance.

Thursday, November 7th from 10:00 to 1:30 pm outside the main entrance—Red Line BBQ Food Truck. Orders with payment need to be placed at the front desk by Sunday, November 3rd.

Thursday, November 7th at 1:15 pm in Olm Fellowship Hall—Apartment resident Karin Campbell will give a presentation on memories of WWII living in Denmark.

Thursday, November 7th—UW-W Gymnastics practice outing: transportation will leave the front lobby by 2:30 for those wanting to attend practice. Please sign up at the front desk if interested in going.

Friday, November 8th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Pre-Health

Monday, November 11th at 10:00 am in Olm Fellowship Hall—2024 Fairhaven Veteran's Day Program with social.

Monday, November 11th at 3:00 pm in Olm Fellowship Hall—Last Fairhaven Lecture Series for the fall season.

Tuesday, November 12th at 10:45 am in Olm Fellowship Hall—Chair Yoga...you will have plenty of time to get to the Pizza event after Chair Yoga.

Tuesday, November 12th—Pizza Lunch event in Skylight Dining Room. Flyers coming out Friday, November 1st.

Tuesday, November 12th at 6:30 pm in the Skylight Dining Room—Banana split social with UW-W student group Circle K. (No bingo)

Wednesday, November 13th at 10:00 am in the Piano Lounge—Pet therapy visits with Aoife and Cheryl

More Activities in November..

Wednesday, November 13th at 2:15 pm in Olm Fellowship Hall—Bingo w/ UW-W Women's Softball team.

Thursday, November 14th- Lunch Outing to Culvers. Transportation will leave the front lobby at 10:50am. If interested in going, please sign up at the front desk by Tuesday, November 12th.

Thursday, November 14th at 3:00 pm in Olm Fellowship Hall—UW-W Student Piano Program: Dr. Karen Boe, Senior Lecturer, Piano Director will be bringing over her students for another amazing piano program.

Thursday, November 14th at 5:30 pm in the Piano Lounge—Pet therapy visits with the Janesville Beloit Kennel Club

Thursday, November 14th at 6:00 pm in Olm Fellowship Hall—Ice cream bar social and visits

Friday, November 15th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W sorority Alpha Sigma

Saturday, November 16th from 10:00-12:00 in the Front Lobby—Whitewater Fiber Arts Guild

Saturday, November 16th at 4:00 pm in the Piano Lounge—Saturday Social

Monday, November 18th at 12:45 pm in Olm Fellowship Hall—Cooks & Bakers Dozen + or -

Monday, November 18th at 2:00 pm in Olm Fellowship Hall—Presentation with Interim HealthCare Staff. Come to learn about this organization and the benefits that it could provide you and or your loved ones.

Monday, November 18th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W student organization DECA

Tuesday, November 19th at 10:45 am in Olm Fellowship Hall—Seated Tai Chi

Tuesday, November 19th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W student organization AMA

Wednesday, November 20th at 10:00 am in the Piano Lounge—Pet therapy visits with Suzi and Sheri

Wednesday, November 20th at 1:15 pm in Olm Fellowship Hall—Friends of Fairhaven is proud to sponsor the Whitewater High School Choir. Residents can expect a performance of acapella music by skilled high school singers of different varieties and some solo and small group performances using backing tracks.

Thursday, November 21st at 9:30 am in the Whitewater Conference Room—Resident Council Meeting. All are encouraged to attend.

Thursday, November 21st from 10:00-11:00 am in the Private Dining Room—Free Blood pressure screenings from Wellness Staff at Fort Hospital.

Thursday, November 21st at 1:15 pm in Olm Fellowship Hall—Suzi Schoenhof, New Beginnings PFV Executive Director will be here giving a presentation on scams.



Even More Activities in November...

Thursday, November 21st at 2:00 pm in the Skylight Dining Room—Join us for an ice cream social

Friday, November 22nd—UW-W Women’s Wheelchair Basketball Game Outing—UW-W is hosting their annual wheel chair basketball tournament. Transportation will leave the front lobby at 9:20 am and we ask that you sign up by Wednesday, November 20th if you would like to go.

Friday, November 22nd at 1:15 pm in Olm Fellowship Hall—Bingo with UW-W student group Order of Omega

Monday, November 25th at 10:00am in Olm Fellowship Hall—Getting to know your Prairie Village Veterans! We are excited to have a group of Veterans from Prairie Village coming over to share their Veteran’s Day Program with us. These short question and answer interviews are something new that they are doing this year. We hope you will all be able to attend.

Monday, November 25th at 1:15 pm in Olm Fellowship Hall—We welcome back Cowboy Bob for some favorite country songs.

Monday, November 25th at 6:00pm—Bingo with Staff from the Fairfield Inn here in Whitewater

Tuesday, November 26th at 10:45 am in Olm Fellowship Hall—Chair yoga

Wednesday, November 27th at 10:00 am in the Piano Lounge—Pet therapy visits with Ezzy and Karen

Wednesday, November 27th at 1:00 pm in Olm Fellowship Hall—Movie Matinee: Ghandi



Reminder: Turn your Clocks Back when you go to bed Saturday night, November 2nd! Daylight Savings Time ends on Sunday, November 3rd.



Fairhaven Lecture Series—Fall 2024: Mondays at 3:00 p.m. in Olm Fellowship Hall
Election 2024: Looking Back And Ahead

Every four years, Americans head to the polls to vote for the candidates of their choice. Some say that the 2024 election is the most consequential in our lifetime. Join us this fall for a series of lectures that reflects back on politicians, presidents and issues from the past, and forecasts what may be in store for 2025 and beyond.

November 4	Attacks, Acclaims, and Defenses in the Historic 2024 U.S. Presidential Debates—Corey David, professor, Communications
November 11	Recap of the 2024 Election Results—Join Susan Johnson, Jolly Emrey, and Eric Loepp from the Department of Politics, Government, and Law for a discussion and analysis of the election results from state and federal races.

Please be respectful and considerate of lecturers and other residents. **Turn off cell phones**, and refrain from conversations with your neighbors during the lecture.

We want to remind all that the Fairhaven Bus will be running like normal with a pickup at 829 Burr Oak at 2:35 and 875 Acorn Ridge right after. Please call or email the front desk to sign up for a ride.

All lectures are free and open to the public and are held on Mondays at 3 p.m. in the Olm Fellowship Hall of [Fairhaven Senior Services, 435 West Starin Road, Whitewater](#). Street parking is adjacent to the building. Masks may be required in common areas at Fairhaven Senior Services. Please be prepared on arrival. Unable to attend? Links to videos of lectures, can be found at <http://www.uww.edu/ce/fairhaven>.

Resident Council Update, November 2024

Employees Christmas Fund Donation Deadline is November 22

If you want your donation to be part of the gift each employee will receive in early December, please make your donation by:

- leaving it with a receptionist at Fairhaven's Front Desk
- giving it to Fairhaven resident Neil Aiken
- putting it in the brown, Christmas decorated donation box at the Prairie Village Community Center
- giving it to Prairie Village resident Karen Christofferson in person or by mail – 873 Burr Oak Trail, Whitewater Wisconsin 53190.

Donations received after November 22 will be given out in 2025. Thanks to everybody who has or will donate!

Christmas Decorations – sooner rather than later!

We are grateful to staff and residents who decorate for the Christmas holidays. Fairhaven residents will continue the tradition of door decorations while Prairie Village neighbors will share their holiday spirit with outstanding yard displays. Fairhaven's public areas and the Prairie Village Community Center will be lovely. The Christmas Village in Fairhaven's Lobby will be set up on November 21 and taken down in early January. We've a lot of decorations to look forward to!

It's the Season for---Boxes

This is the time of year when we see a lot of boxes come and go from the locker across from the Lower Level Exercise Room. Small to medium-sized boxes are especially welcome. Take what you need. Leave what you don't need for yourself. Thanks!

Resident/Volunteer of the Month Nominations are Always Welcome!

Should you want the Council to consider a Resident or Volunteer to be recognized for their good work, please leave a written nomination at the Front Desk or email it to kathymross@gmail.com.

Suggestion Box

Keep those suggestions coming! The box is located in the Front Lobby across from the Mail Boxes. Please complete and sign the form with your thoughts, comments, and ideas. Fairhaven resident Chris Lange will follow up with you.

Our Libraries

Some people read more in cooler weather simply because it's not so easy to be outside. Please help yourself to the Fairhaven and Prairie Village Libraries, as well as both Little Free Libraries.

You are Invited

Resident Council meetings are held the third Thursday of the month (except August) at 9:30 a.m. in the Whitewater Room. Our next meeting is, therefore, scheduled for October 17. All Fairhaven and Prairie Village residents are encouraged to attend. The Council is an opportunity and good method to learn more about our community and provide information to Fairhaven leadership, including Department Heads. We can also help you find the best person/persons to receive your ideas and concerns. We are here as your representatives and would like to see you and hear your thoughts. Please consider attending this next – or any future - meetings.



Welcome to New Staff!

Leah Mergen joins the nursing staff. She is from Cuba City, WI. In her free time Leah enjoys boating on the Mississippi River with her family, watching athletic events, being outside, exercising, and baking. She has two sisters, one of which is her twin, and she enjoys visiting home and spending time with them.

Elisabeth Smith joins Leisure Services. Libby is from Waunakee, WI and is a junior at UW-Whitewater, majoring in speech pathology. In her free time she enjoys horseback riding, skiing, and baking.

Reagan Schraufnagel joins the nursing team. Reagan is from Lomira, WI and is attending UW-W for history education. In her free time she enjoys travel, working out, and reading. She also has two younger sisters, a dog, and a cat.

Heather Culbert is new to the nursing team. She has two grown children and one grandson. She recently moved to Whitewater from Burlington and enjoys cooking, art, being outside, and helping others.

Jayden Lyman joins dining services. He is a sophomore here at Whitewater High School.

Kristen Semo is new to dining services. She lives in Whitewater with her husband, Joe, and their two children. In her free time she enjoys canning apple and tomato sauce, having bonfires in the backyard, and kayaking with her family.

Mary Huettig joins dining services. She lives in Whitewater and has two grown sons. She grew up in a large Catholic family with one older brother and 5 younger sisters. She taught catechism for 6 yrs in Fontana, and cleaned houses for 48 years.

Alexis "Ali" Alberger joins our nursing team. Ali lives in Fort Atkinson, and enjoys reading, writing, and spending time with her dog.

SEP Team Tip for November: Winter Car Emergency Supply Kit

Before our Wisconsin winter weather hits full force, November is a good month to make sure you have a well-stocked emergency kit in your vehicle, and that the items in it have not expired. Vehicle emergency supply kits should include:

- A properly inflated spare tire, wheel wrench and tripod jack
- Jumper cables
- Tool kit and/or a multipurpose utility tool
- Flashlight and extra batteries
- Reflective triangles and brightly colored cloth to make your vehicle more visible
- First aid kit with gauze, tape, bandages, antibiotic ointment, aspirin, a blanket, non-latex gloves, scissors, hydrocortisone, thermometer, tweezers and instant cold compress
- Nonperishable, high-energy foods, such as unsalted nuts, dried fruits and hard candy
- Drinking water
- Reflective vest in case you need to walk to get help
- Car charger for your cell phone
- Rain poncho
- Snow brush
- Shovel
- Windshield washer fluid
- Warm clothing
- Cat litter or sand for traction
- Blankets



It's also a good idea to keep family and emergency phone numbers, including your auto insurance provider and a towing company, in your phone.

Dining Services Happenings!

Please keep an eye out in your mailboxes for Thanksgiving dinner reservation!

We will be hosting a special Thanksgiving meal on Thursday, November 28th. This meal is open to our beloved Prairie Village residents as well. We ask that you fill out your reservation form and return it to Dining Services or the front desk. Prairie Village residents can call and make a reservation with the reception desk. Reservations must be made by Thursday, November 21st to attend. We are currently **not** allowing outside guests to this holiday meal. We hope to see you there.



Safety in the dining room

There is an influx of mobility devices and attendees to our mealtimes. These items can become hazardous and pose a fall risk. To ensure the safety of our residents and staff, we are asking that residents allow staff to “park” walkers outside of the dining room or along walls out of walkways. Once you are ready to leave, please ask a **staff member** to retrieve your walker for you. We do not want you getting it on your own. Thank you for your cooperation and understanding.



A Thanksgiving Prayer by Chris Lange

Heavenly Father, Creator and Giver of all things, You are the Bestower of all Life and all we have, of all sustaining gifts. (Romans 8:28, Thessalonians 5:18.) We ask that a place be set for You at our tables, that You will be seated with us and bless the yields You have granted to farms and fields, which we enjoy today. We pray Your love will bless each home and hearth and table, and peace will be present wherever we gather together in Your Name.

Father, commend Your loving and tender care to all who have become widows or widowers, orphans or mourners or sufferers in this nation even through civil strife or challenge, and to heal its wounds. We ask that those across the globe who are in turmoil or suffering be strengthened by Your loving support, and that You will keep them safe from war. We give thanks for life and faith, for family, friends and loved ones, for good times of celebration with food and prosperity, and for country, for Nature, and for this Earth, our home. We give You thanks for all these gifts we do not of our own merit deserve, but which You lovingly give freely, and pray You accept our Thanksgiving Prayer.

Father, You are the Giver of all we have, and all we are! We give thanks in the face of life's challenges that You take away our grief and sorrows, that You will and have answered our prayers for healing, and for Your loving care. We give thanks for Your ever present love and compassion, for the Holy Spirit who through Jesus' baptism brings our Souls freedom in Salvation, and for our Lord, our Rock, exalted as God of the world. (Psalm 18:3, 63:19).

We pray all these things in Your Son Jesus' Name, who is our Truth and our Guiding Light.
Amen



Friends of Fairhaven/Mini Mart Update, November 2024

There's a long-time tradition that the Whitewater High School Music Masters, an especially talented choral group, end the Friends program year each November. That tradition continues this year with their being here on Wednesday, November 20, for a 1:15 program. MacKenzie Gerhke is the new teacher leader of this group, so please come out and celebrate her (and perhaps some of the performers') first visit to Fairhaven! Donations will happily be accepted as you come into Olm Fellowship Hall.

The last few months of each year the Mini Mart is decorated with seasonal items and abundant greeting cards. Please make sure you shop with us this holiday season!

You never know when you'll find a sale, the perfect gift item, the "just right" card, or the personal care item you need at the Mini Mart. It's worth your while to regularly shop with us. Thanks to everyone who does and volunteers!

The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.

A Thanksgiving Turkey on Every Table

We'd given our turkey to a family that was even more needy. But who would help us?

By Mary Jarvis, Pawhuska, Oklahoma

I lifted the heavy lid of our old freezer in the garage and peered inside, looking for some vegetables to make for dinner. For the past year, we'd scraped by on my small teacher's salary while my husband, Mike, was away at graduate school. With three hungry teenagers to feed, it was a challenge to stretch our grocery dollars. Now, one glance at the half-empty freezer made me question what I'd done on impulse a week earlier.

The Tuesday before Thanksgiving, Kathy, my 14-year-old, blurted out that one of her friends wasn't celebrating the holiday because her mother couldn't afford it. "We could give them our turkey, Mom," she said. "We don't need it since we're going to Uncle Pat's." How could I explain to her that I was saving our turkey for Christmas? We didn't have enough money for Mike to come home for Thanksgiving. The kids and I were going to my brother-in-law's so I wouldn't have to invest in a big dinner. How could I afford another turkey before Christmas?

We taught our kids to help others. But to help someone else when we could barely help ourselves? Still, I knew I couldn't say no. *Lord, I hope you have a plan because I sure don't.*

We gathered up a bag of potatoes and cranberry sauce I had in the pantry. I sent my son, Matt, out to the freezer in the garage to get some vegetables—and the turkey. When we brought Kathy's friend the food, her mother cried tears of joy. At the time, their happiness made me feel better about giving away our turkey. But now, looking into our freezer, I wondered, *Who's going to help us?*

I rummaged through the frozen containers—broccoli, carrots, some blackberries from our garden. I pushed aside some frosted bags of green beans and corn. Wait...something was there. Suddenly I stopped and stared. Nestled among the vegetables was a newly bought turkey.

I never found out who the mysterious donor was. Does it matter? Whoever it was knew exactly what we needed, when we needed it.

- As printed in Guideposts magazine

