

Memorial Day

Just a reminder that there will be no mail delivery on **Monday, May 26th** in honor of Memorial Day.

The Reception Desk will be open from **8:00 a.m. - 10:00 p.m.**



Welcome to our new residents:

- Caroline Ursprung - HS
- Keran Olm-Stoelting - 409C
- Richard & Donna Lentz - 106A
- Dorothy Kau - 304C
- Gary Heaberlin - 309C
- Paul Snyder - HS
- JoAnn Jensen - 311C



Happy Birthday!

Margaret Hancock	01
Barbara Davis	03
Carolyn Behrens	04
Karin Campbell	05
Kathy Ross	05
Ruth Kromholz	06
Cheryl Olson	09
Gale Plath	09
Robert Ehrike	10
Sue Mealy	10
Dale Green	13
Jean Bromley	16
Mary Mayer	19
Don Norman	20
Mary Ann Ehrike	21
Doris Willis	24
Russell Saunders	27
Steve Ryan	28
Connie Zimmerman	28
Sandra Freidl	30



In Memory of

**JoAnn Mohle
Dolores Piehl**



Christmas in May??!

The Fairhaven Employees Christmas Fund accepts contributions to our interest-bearing account at any time. You may give them to the Fairhaven Front Desk, Fairhaven resident Neil Aiken, or give or mail to Karen Christofferson in Prairie Village at 873 Burr Oak Trail, Whitewater. If you would like a confirmation or receipt, please request one at the time of the contribution. Thanks!



New Sunday Worship Service, 10am, May 4th

Join us on Sunday, May 4th, at 10am in the Fellowship hall for a Sunday worship service! We look forward to sharing an ecumenical service with a beautiful, simple liturgy from the Anglican tradition of Christian faith, with hymns, Scripture, teaching, and Holy Communion. The service will be led by Rev. Jens Notstad of Immanuel Anglican Church in Whitewater. Please feel welcome to join, regardless of your affiliation or background.

Rev. Jens and his wife Karen serve with Greenhouse in Whitewater, Wisconsin, leading the Immanuel family of churches. Their hope is to build and multiply the household of God, raising up new congregations and reaching and discipling people far from God to become lifelong disciples. They have a special heart for campuses, care facilities, and the people of Wisconsin's beautiful countryside.

Jens and Karen were married in July 2015. Jens grew up on a dairy farm in south central Wisconsin, and before moving back to his home state he helped grow the Cornerstone Parish of congregations on the north side of Chicago. Karen is from Oak Park, IL, and worked for 10 years as a high school math teacher while volunteering with Young Life before joining Jens on mission and starting their family.

Jens and Karen love homeschooling and spending time with their five beautiful children, Wilma, Anders, Nels, Peder, and Orlow.

Happenings at Fairhaven in May!

Thursday, May 1 at 9:30 am in Olm Fellowship Hall—Fairhaven Choir. We will now meet the first Thursday of every month.

Thursday, May 1 at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W fraternity Delta Chi

Friday, May 2nd from 10:00-12:00 in Olm Fellowship Hall—Skills training with UW-W Speech Therapy graduate students. This is open to all residents and the public. (No bell choir on this date.)

Friday, May 2nd at 1:30 pm in Olm Fellowship Hall—Banana Split Social w/ UW-W sorority Alpha Sigma

Saturday, May 3rd at 6:00 pm in Olm Fellowship Hall—Mukwonago Area Community Choir Concert

Sunday, May 4th at 10:00 am in Olm Fellowship Hall—Rev. Jens Notstad with Immanuel Anglican Church will be leading a service for community members and Fairhaven residents. Future Sunday services are in discussion.

Monday, May 5th at 1:15 pm in Olm Fellowship Hall—Come down and listen to the new adventures of Space Case Sarah (Sarah Treadwell) Life has taken her on some amazing adventures and we're looking forward to hearing of her latest one. Sarah will also share her recent work in planetarium shows funded by NASA and her newest award in partnership with the jet propulsion laboratory.

Monday, May 5th at 2:30 pm in the Skylight Dining Room—Cinco de Mayo Social. Come down and enjoy a margarita and mini tacos. (gluten free taquitos will be available)

Tuesday, May 6th at 10:45 am in Olm Fellowship Hall—Seated Tai Chi w/ Jennifer

Tuesday, May 6th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W student group AMA. This will be the last visit of the school year for this group.

Wednesday, May 7th at 10:00 am in Olm Fellowship Hall—Catholic Mass with St. Patrick's Catholic Church

Wednesday, May 7th at 10:00 am in the Piano Lounge—Pet Therapy with Cheryl & Aoife

Wednesday, May 7th SPECIAL EVENT!!! Bingo w/ UW-W Football Players at Perkins Stadium (or inside the locker room if weather isn't nice) from 1:30-2:30. Transportation will leave the front lobby (AA and PV Community Center as well) starting at 12:45. This is the first time ever doing this and we hope many will sign up to play or just to come along and socialize.

Thursday, May 8th at 5:30 pm in the Piano Lounge—Pet Therapy w. Janesville/Beloit Kennel Club

Friday, May 9th at 1:15 pm in Olm Fellowship Hall—Drum Circle with Christine Hayes and UW-W Students

Monday, May 12th at 1:15 pm in Olm Fellowship Hall—Country music w/ Cowboy Bob

More Happenings at Fairhaven in May!

Tuesday, May 13th at 10:45 am in Olm Fellowship Hall—Chair Yoga with Kathy

Wednesday, May 14th at 10:00 am in the Piano Lounge—Pet therapy with Cheryl and Aoife

Thursday, May 15th at 9:30 am in Olm Fellowship Hall—Resident Council. All are welcome to attend.

Thursday, May 15th from 10:00-11:00 am in the Whitewater Conference Room—Free blood pressure screenings w/ staff from Fort Wellness.

Thursday, May 15th at 2:30 pm in the Skylight Dining Room—Norwegian Celebration Social

Friday, May 16th at 10:00 am in Olm Fellowship Hall—Spring Bell Choir

Saturday, May 17th from 10:00-12:00 in the Front Lobby—Whitewater Fiber Arts Group

Saturday, May 17th at 12:45 pm in Olm Fellowship Hall—Bingo. Please note the early start time.

Saturday, May 17th at 4:00 pm in the Piano Lounge—Saturday Social

Monday, May 19th Mark Your Calendars—Fishing Outing to Rushing Waters in Palmyra. You read that right, Monday, May 19th we will head over to Rushing Waters and spend the morning fishing for trout on their accessible pier in one of their many stocked trout ponds. Transportation will leave the front lobby by 9:30 and PV Community Center by 9:35 and it is asked that you sign up for this outing by Wednesday, May 14th to the front desk. Your fish are weighed live before cleaning. You can either **YOU CLEAN**, take them home as-is to clean yourself, or **WE CLEAN** where one of our experts will either head off dress or fillet your trout for you. All are packed on ice for the trip home. Transportation fee is \$3.00, equipment is provided, must use their worms and responsible for what you catch.

YOU CLEAN = \$9.50 / lb.

WE CLEAN = \$11.00 / lb.

Your choice of Head Off Dressed or Filleted.

Tuesday, May 20th at 10:00 am in the Piano Lounge—Catholic Communion (please note the location change)

Tuesday, May 20th—Special Lunch Event—Fresh trout lunch. Flyer will be in mailboxes and e-mails to PV residents will go out early May.

Tuesday, May 20th at 1:00 pm in the in the D-Lounge—UMC Communion

Wednesday, May 21st at 10:00 am in the Piano Lounge—Pet therapy with Sherrie and Suzi

Wednesday, May 21st at 1:00 pm in Olm Fellowship Hall—Matinee Movie

Wednesday, May 21st at 6:00 pm in the Front Lobby/Piano Lounge—Popcorn Social

Thursday, May 22nd at 1:15 pm in Olm Fellowship Hall—Walworth County Sherrif Department Presentation with Sherrif David Gruber

Thursday, May 22nd at 5:30 pm in the Piano Lounge—Pet therapy w/ Janesville Beloit Kennel Club

Even More Happenings in May

Friday, May 23rd at 1:15 pm in Olm Fellowship Hall—Lincoln Elementary School Choir Concert (No bingo)

Tuesday, May 27th at 10:45 am in Olm Fellowship Hall—Chair Yoga with Kathy

Wednesday, May 28th at 10:00 am in the Piano Lounge—Pet therapy with Karen and Ezzy

Thursday, May 29th at 2:30 pm in the Skylight Dining Room—Grilled Pineapple and Ice Cream Social

Dining Services News



Women of Fairhaven—We are asking you to join us in The Skylight Dining Room for a “Ladies TEA” to celebrate Mother’s Day. You will receive a formal invitation in your mail-box. We ask that you fill this invitation out with your name and the name of each guest if you choose.

Return the invitation to Dining Services or the front desk by **May 8th**!

There will be a variety of finger foods, soup, and scrumptious treats.

Traditional tea attire is not required but strongly encouraged.

Hosting on Sunday, May 11th, 11:30 and ending at 12:30.

There will be an alternative meal served if you do not wish to participate.

Monday, May 26th

Memorial Day, a day to commemorate our fallen soldiers. **A special meal will be served in the Skylight Dining Room. Monday, May 26th 11:30 – 12:45.** Reservations **must** be in by **May 22nd**!



Window Washing at Fairhaven

Cloute Window Washing will be at Fairhaven and Hearthstone to do the spring window washing (inside and out) starting on Monday, May 19.

We will be starting in the E2 building and then work our way throughout the rest of the buildings. The order that they will wash the windows is as follows: E2, D2, E1, D1, B, A, AA.

As in previous years, housekeeping will be moving your furniture away from the windows so the crew from Cloute Window Washing can wash your windows. Housekeeping will then put everything back in place once they are done.

When they are here working, they may get to the outside of the windows before they get to the inside so don’t be alarmed if you see a crew member outside of your window during the time that they are here. They generally start around 8:30 in the am and work until between 3 & 3:30.

They will begin the outside window washing at Prairie Village the Tuesday after Memorial Day (May 27, 2025). If you turned in the sheet for extra services by the April 15 deadline, a representative from Cloute will be contacting you to set up the day and time they will be scheduling your requested service(s).

We appreciate your cooperation and patience while this service is being done. Thanks, Betty Schelb-Director of Environmental Services

Current Events & Ideas

Each Tuesday afternoon (2:00-3:00) about 25 residents gather in Olm Hall for a free and open discussion of a vast variety of interesting topics. We like to stay current of what is going on in the world and would be happy to have you join us!

Bingo

Bingo is held every Tuesday night at 6:00, Friday at 1:15, and Saturday at 1:15 unless indicated otherwise in the newsletter or on CH: 900.



May is National Older Americans Month:

One of the topics discussed this month is Fall Preventions. Because the aging process can affect vision, strength and balance, adults 65 and older are at elevated risk for falls. However, falls are not a natural part of aging and can be prevented.

Talk to Your Doctor: Talk to your doctor about your personal fall risk and what changes you can make to be safer. Ask your doctor or pharmacist to review your prescriptions and over-the-counter medications regularly, paying special attention to opioid painkillers, tranquilizers, sedatives, and antidepressants. Some medicines and combinations of medicines can affect balance and cause drowsiness, dizziness, or light-headedness. Vitamin D deficiency can increase fall risk.

During a regular exam, be sure your doctor checks for foot pain and proper footwear. Have your vision tested annually. Walking aids, such as canes and walkers, can mean the difference between safely navigating your world or experiencing a fall. Talk to your doctor or physical therapist about the right device for you – including finding the proper fit.

Make Your Home Safer:

While falls can occur anywhere, they most often occur at home. Be sure to:

- Clear your floor: Remove clutter, small furniture, electrical cords, throw rugs and anything else that might cause someone to trip.
- Use a cane or walker if necessary.
- Arrange or remove furniture so there is plenty of room for walking.
- Put essential items where they are easy to reach.
- Use grab bars inside and outside of your bathtub or shower and next to the toilet.
- Use the stair railings, and railings in hallways when needed.
- Make sure outdoor areas are well lit and watch for cracks or uneven areas in parking lots and on sidewalks.

While we all are aging every day, falls do not have to be a part of that process. Understanding fall risks is the first step to keeping our loved ones and ourselves safe.

Friends/Mini Mart Update

Since late summer 2024, Prairie Village residents have donated \$320 to the Friends of Fairhaven for greeting cards. We are grateful for their enthusiastic support of our greeting cards displayed in the Community Center almost year-round.

Yes, we appreciate your shopping with us (and if you don't, please check us out), volunteering with us (and if you're not, think about it!), and supporting our programs. We will be a bit off our traditional program schedule for most of the rest of the year, but be assured, we will be sponsoring at least three more programs.

The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.

May Resident Council Update

Residents of the Month

March residents of the month were Dave and Judy Hack. They have been at Fairhaven since 2022. Dave was a farmer, and enjoys woodworking in the hobby room, and Judy is a former special education teacher who participates in the fiber arts group. They were instrumental in setting up the Christmas Village displays in the Fairhaven lobby for many years.

Prairie Village Moment

Carolyn Behrens showed us a video of the interior of the Community Center. She talked about the different areas and their use and emphasized that the center is available for use by all residents and staff at Fairhaven as well. It is truly a stunning building with numerous rooms, a commercially equipped kitchen, a large gathering space and wonderful vaulted ceilings with beautiful woodwork and acoustics. Kathy reminded us that the cards for sale outside the Community Center library have generated \$325.00 for the Mini Mart. What a great way to support another of the Prairie Village/Fairhaven programs.

Resident/Volunteer of the Month nominations are always welcome!

Please leave written nominations with details about why you are nominating the resident or volunteer at Fairhaven's Front Desk or email kathymross@gmail.com.

Suggestion Box

The Suggestion Box, across from the Fairhaven residents' mailboxes, is open 24 hours a day/ 365 days a year and is for Fairhaven and Prairie Village residents' Suggestions. We even provide a form to help guide your composition, if that'd be helpful. Resident Council continues to offer ideas and assistance to help improve your living experience here.

Every Book Has A Home #2

If you think this headline is familiar sounding, you're right since it was in the March Council Update. We're asking again that you be careful about what books you return to the Little Free Library in the Main Lobby. Staff and/or volunteers have found four books in the past month that needed to be returned either to the Whitewater, Fort, or Fairhaven Libraries. While we appreciate their effort in returning those books, our Little Free Library is not a drop-off point for Library books.

Leaving a Whitewater or Fort Library book in the Little Free Library can cost you money. You get a notice from the Library saying your book is overdue. You "know" you've returned it. You may go to the Little Free Library to find it, only it's not there since someone has taken it. You end up owing the Library for the book.

In the case of not returning Fairhaven books to the Library, you're depriving other residents of that book.

The Council has a long history of maintaining Fairhaven's Little Free Library to encourage reading. We need your help in making sure that every Library book gets returned to its "home."

You are Invited

Resident Council meetings are held the third Thursday of the month (except August) at 9:30 a.m. in the Whitewater Room. Our next meeting is, therefore, scheduled for May 16. All Fairhaven and Prairie Village residents are encouraged to attend. The Council is an opportunity and good method to learn more about our community and provide information to Fairhaven leadership, including Department Heads. We can also help you find the best person/persons to receive your ideas and concerns. We are here as your representatives and would like to see you and hear your thoughts. Please consider attending this next – or any future - meetings.

From Chaplain Luke:

I will be out of the office on May 13-28 so there will be no Tuesday devotions on May 20 and 27 and no Wednesday worship on May 21 and 28. I look forward to seeing you all again the first week in June.

Devotions with Chaplain Luke Bocher

Tuesday: Devotions with Chaplain Luke
Olm Fellowship Hall - 10:00 a.m.

Wednesdays: Worship with Chaplain Luke
10:30 am - Olm Fellowship Hall

Catholic Services

Mass—Wednesday, May 7th at 9:30 in Olm Fellowship Hall

Communion—Tuesday, May 20th at 10:00 am in Piano Lounge with St. Patrick's Catholic Church

Shining Stars!**Johnathon Rowe (Business Office)**

He took the time out of his day to read and help fill out a survey for a resident who is very vision impaired.

Signed: Shannon Schoville

Natalia Taylor (CNA)

Natalia has been a huge help for me on the night shift; especially my first night ever working in the apartments.

Thank you!

Signed: Mary Loomis

Kade Brand (Leisure Services Intern)

Kade runs beanbag baseball and helps residents get home, among other things. He always has a smile and a lot of patience.

Signed: Shannon Schoville

Bea Gomez (CNA)

Bea goes above and beyond her job. Whenever I need assistance, she is one call away. Her hard work and compassion never goes unnoticed. When I want to give up, she always keeps me going. Thank you for always being my Go-To! You're amazing.

Signed: Ivy Freeman

**Tis the Season to Garden**

For those of you who love playing in the dirt, there are still some garden spots available. If you have any questions you can speak with Gladys Ellerman. If you would like to sign up for a spot please talk to Tena at the front desk.



Beautiful young people are accidents of nature, but beautiful old people are works of art.

- Eleanor Roosevelt

SUDOKU GAMES

Solve the Grids

1

6			7	1			2	8
	5		8	2		4		
		8			9	7		
4				7		8		
3	2			4			9	5
	9		5					4
		2	4			3		
		3		7	5		4	
5	8			6	3			7

2

4			1			3		
3	1			2	7		9	
	9	2		5	3		4	
				8	5	2		7
8		3	2	7				
	7		8	6		4	3	
	3		7	1			8	5
		6			4			9

3

6			4	3	5	9	8	7
	7	3	1				5	
				9		3		
	9			1				
2		4	7		3	1		8
				4			7	
		6		2				
	4				1	8	6	
7	2	8	3	6	9			4

4

		7			5	1		
8		9	3	1			6	
	2	4			6			5
7	6					5		3
	9						1	
3		1					7	2
9			8			4	5	
	1			7	9	8		6
		6	2			3		