

## In Memory

Sue Schlough  
Ruth Nicholson  
Paul Snyder  
Dorothy Otting



## From Dining Services...

### Father's Day

Dining Services is hosting a Father's Day breakfast on June 12<sup>th</sup>. We will be serving Ribeye with all the trimmings. You may invite two guests. **RSVP MUST be in NO LATER than June 5<sup>th</sup>** to attend. There will be an alternate dinner option if you do not wish to attend this event.



## Current Events and Affairs

Our purpose is to share meaningful discussions on significant issues and ideas which are pertinent to our lives. That's imperative! Join us each Tuesday afternoon 2:00-3:00 in Olm Hall.

## Just a Reminder...

Please do not block or cover up any of the fire/smoke detectors in the building. This is a safety issue for all who live and work here.



Please check channel 900 daily for updates/changes to the calendar/menu.



If you don't already, we encourage you and your family to follow us on Facebook at Fairhaven Senior Services and Instagram at fairhaven.whitewater

## Did you know?

There is a small library on 2nd floor from which residents may borrow books to read. There are also books on the shelves in various areas of the floor. Please feel free to investigate these. They operate on the same premise as the library on the lower level, the honor system.



## Worship Programs with Chaplain Luke:

**Tuesday:** Chats w/ Chap  
10:00 a.m.—Olm Fellowship Hall

**Wednesdays:** Worship with Chaplain Luke  
10:30 a.m.—Olm Fellowship Hall

## From the Chaplain

On June 14th I will be serving Communion in our 11:00 a.m. Wednesday worship service. All are welcome.

On Tuesday, during our "Chats with Chap" sessions, we are currently exploring the parables of Jesus. Everyone is welcome to join us at 10:30 in Fellowship Hall for our time of music, prayer and discussion of the parables.

## Happy June Birthday!!!

Betty Murray	02
Shirley Graves	03
Edmund Sorenson	03
Merry Fitz Randolph	04
Lyndia Fry	04
Donna Lentz	04
John Loomis	05
Carol Hurley	10
Mary Wickler	11
Richard Piehl	12
Betsy Sonnemann	12
Jean DeHorn	14
David Yochum	20
Karen Coburn	22
Colleen Endisch	23
Hannah Greenhill	23
Margaret Rohrs	23
Jami Merz	24
Bonnie Moyse	24
Nancy Bienfang	25
Terry Tutton	25
John Belsky	26
Delores Grulkowski	28
Helen Brady	29



## Happenings in June...

**Monday, June 2nd at 10:00 am in Olm Fellowship Hall**—Bean Bag Baseball

**Monday, June 2<sup>nd</sup> at 1:15 pm in Olm Fellowship Hall**—Fabulous Frogs (PBS- Nature)- Sir David Attenborough takes us on a journey through the weird and wonderful world of frogs. (1 hour)

**Tuesday, June 3rd at 10:45 am in Olm Fellowship Hall**—Seated Tai Chi with Jennifer

**Tuesday, June 3rd at 1:15 pm in the Skylight Dining Room**—100th Birthday celebration for Ed Sorenson

**Wednesday, June 4th at 10:00 am in Olm Fellowship Hall**—Catholic Mass with St. Patrick's Catholic Church

**Wednesday, June 4th at 10:00 am in the Piano Lounge**—Pet Therapy with Cheryl and Aoife

**Wednesday, June 4th at 1:30 pm in Olm Fellowship Hall**—Ted Yoder returns and is ready to put on another amazing musical program with his hammered dulcimer

**Thursday, June 5th at 9:30 am in Olm Fellowship Hall**—Lincoln Elementary 5th Grade Choir Concert (this is the re-scheduled date from May)

**Thursday, June 5th at 2:30 pm in Olm Fellowship Hall**—Cheese, sausage, and fruit platter social with piano by Jim Olm

**Monday, June 9th at 10:00 am in Olm Fellowship Hall**—Bean Bag Baseball

**Monday, June 9th at 1:15 pm in Olm Fellowship Hall**—Author presentation: After earning Bachelor and Masters degrees, Mary Ann Noe spent 29 years in Waukesha classrooms, first teaching 7th grade language arts and social studies, followed by high school English and psychology. Upon retirement, she joined a writing workshop where she reinvented herself as an author. Mary Ann publishes novels through Black Rose Writing. Her non-fiction essays and poetry are in numerous print and online magazines. She spends time reading anything she can get her hands on, writing, and baking (eating the results.) Mary Ann will be here sharing about her books and offering them for purchase as well.

**Tuesday, June 10th from 10:00-11:00 am in the Whitewater Conference Room**—Free blood pressure screenings from Fort Wellness staff

**Tuesday, June 10th at 10:45 am in Olm Fellowship Hall**—Chair Yoga with Kathy

**Wednesday, June 11th at 10:00 am in the Piano Lounge**—Pet therapy with Cheryl and Aoife

**Wednesday, June 11th at 10:00 am in the Skylight Dining Room**—Ice cream social with Clover Valley day programming kids out of Janesville. This group will be spending the summer on Wednesday afternoons with us here at Fairhaven.

**Thursday, June 12th from 10:00-11:00 am in the Piano Lounge/Outside**—UW-W Children's Center visits from the 2-3 year old classroom

## More Happenings in June...

**Thursday, June 12<sup>th</sup> at 1:15 pm in Olm Fellowship Hall**—Genesis- Where are we coming from? Blending humor with seriousness, innocence with wisdom, an African griot uses the evocative language of myth and fable to relate the birth of the universe and the stars, the fiery beginnings of our planet and the appearance of life on earth - but this is a true story, the story of all of us. He tells us of time, matter, birth, love and death. Animals are the main players in this flamboyant, modern, yet timeless GENESIS. (80 minutes)

**Thursday, June 12<sup>th</sup> at 5:30 pm in the Piano Lounge**—Pet therapy visits with Janesville/Beloit Kennel Club

**Sunday, June 15<sup>th</sup> at 10:00 am in Olm Fellowship Hall**—Rev. Jens Notstad with Immanuel Anglican Church will be leading a service for community members and Fairhaven residents

**Monday, June 16<sup>th</sup>**—Sandwich Sisters food truck will be here. Flyer will be sent out earlier in the month for ordering.

**Monday, June 16<sup>th</sup> at 10:30 am in Olm Fellowship Hall**—Listen In with CEO Paul Kuenning (no bean bag baseball on this date)

**Monday, June 16<sup>th</sup> at 1:15 pm in Olm Fellowship Hall**—Birders- The Central Park Effect- A film about birds and people- Did you know that 200 types of birds stop over in central park each year? This DVD reveals the extraordinary array of wild birds who grace Manhattan's celebrated patch of green. (1 hour)

**Tuesday, June 17<sup>th</sup> at 10:00 am in the Piano Lounge**—Catholic communion with St. Patrick's Catholic Church

**Tuesday, June 17<sup>th</sup> at 10:45 am in Olm Fellowship Hall**—Seated Tai Chi with Jennifer

**Tuesday, June 17<sup>th</sup> at 1:00 pm in the D-Lounge**—UMC Communion

**Wednesday, June 18<sup>th</sup> at 10:00 am in the Piano Lounge**—Pet Therapy with Sherrie and Suzi

**Wednesday, June 18<sup>th</sup> at 1:15 pm in Olm Fellowship Hall**—Fairhaven Drum Circle with Christine Hayes and Clover Valley Kids

**Thursday, June 19<sup>th</sup> at 10:00 am in the Piano Lounge/Outside**—UW-W Children's Center Visit with 4 year old class

**Thursday, June 19<sup>th</sup> at 1:15pm in Olm Fellowship Hall**—Wisconsin Hometown Stories- Door County- (1 hour)

**Thursday, June 19<sup>th</sup> at 2:30 pm in the Skylight Dining Room**—Yogurt parfait social

**Thursday, June 19<sup>th</sup> at 2:30 pm in the Piano Lounge**—Fresh cheese curd sale

**Saturday, June 21<sup>st</sup> from 10:00-12:00 in the Front Lobby**—Whitewater Fiber Arts Group

**Saturday, June 21<sup>st</sup> at 4:00 pm in the Piano Lounge**—Saturday Social

### Even More Happenings in June...

**Monday, June 23rd—Black Pointe Estate Outing:** Join us for a fun day filled with food and history as we start out morning off with lunch at Gordy's Boat House in Fontana. Following lunch, we will take the short drive over to the Black Pointe Estate & Gardens for a guided tour at 1:15. Cost of the tour is \$17.00, transportation cost is \$8.00 (these two costs will go on your resident bill) and lunch cost is on your own. Transportation will leave the front lobby at 10:00 am. If interested in going please sign up at the front desk by Wednesday, June 18th (no bean bag baseball on this date)

**Tuesday, June 24th at 10:45 am in Olm Fellowship Hall—**Chair Yoga with Kathy

**Wednesday, June 25th at 10:00 am in the Piano Lounge—**Pet therapy with Karen and Ezzy

**Wednesday, June 25th at 1:00 pm in Olm Fellowship Hall—**Matinee Movie

**Wednesday, June 25th at 1:30 pm in the Piano Lounge—**Table games with Clover Valley Kids

**Wednesday, June 24th at 6:00 pm in the Piano Lounge—**Popcorn and lemonade social

**Thursday, June 26th from 10:00-11:00 in Olm Fellowship Hall/Outside—**UW-W Children's Center visits from 5-11 year old classroom

**Thursday, June 26th at 10:00 am in the Piano Lounge—**Lutheran church service

**Thursday, June 26th at 5:30 pm in the Piano Lounge—**Pet therapy visits with Janesville/Beloit Kennel Club

**Monday, June 30th at 10:00 am in Olm Fellowship Hall—**Bean Bag Baseball

**Monday, June 30th at 1:15 pm in Olm Fellowship Hall—**Community Drum Circle with Christine Hayes. This will be our first Community offered drum circle event. Tell your family and friends and

### Guest Rooms at Fairhaven

We currently have three one-bedroom apartments here at Fairhaven that can be reserved as a guest room. You can reserve these furnished rooms if you have out-of-town relatives or friends coming to visit. The convenience of having guests stay right here rather than traveling back and forth to a hotel is obvious.

A reservation for a guest room must be made through the receptionist. Please plan early to reserve a room if needed, as they do get quite a bit of use, particularly around the holidays. We cannot guarantee a room if not reserved and cannot guarantee a specific room. They are based upon availability at the time a reservation is made.

Payment for a room can be made through a resident's account statement, by cash or a check with the receptionist. We do not accept debit or credit cards as a form of payment. A single guest room is \$85 per night, and a two-person guest room is \$95 per night. Guest rooms are subject to a 5.5% sales tax.

Guest Room Checkout Time is 11am. Late check-out may be available on request for a fee. (\$10 per extra hour). Keys are to be returned to the reception desk upon checkout.

## June Resident Council Update

### Resident of the Month May 2025

Kathy Ross nominated Ed and Sue Schweitzer. She stated, “Ed and Susan (Sue, as many of us knew her, passed away on September 21, 2024) moved to Fairhaven on October 12, 2015. They met Paul Kuenning, Director, three days later while he was working in Fairhaven’s flower gardens. Ed and Sue went down to help, and the rest is history. For seven and a half years, they worked three large flower beds, one rose garden, and three smaller gardens from spring through fall. They ensured that the grills and the entire patio area outside the A building was ready for warm weather activities. Ed and Sue helped with watering the plants between the A & B hallways and took donated plants from residents into the gardens. All this involved dedicated work three to four days a week since they watered, weeded, and did all that was needed to make these beautiful spots at Fairhaven.

Back when the current Saturday Social was known as Saturday Night Lively, Ed and Sue were always there—helping in whatever ways were needed. They lead that effort for three years. The Christmas Village set-up and take down was managed by Ed and Sue for three years, and they began the system of numbering the items, which revolutionized that project. They moved Fairhaven’s Little Free Library monthly to various lounges and floors throughout the main building. This was no small task and once they asked to stop doing it, the Council made the wise decision to ask for a permanent location in the Main Lobby.

And last but certainly not least, the Schweitzers donated that beautiful blue 2015 GMC Terrain with all its bells and whistles to Fairhaven. Numerous residents have appreciated smooth rides in it provided by Transportation Services.”

Sue was a long-time member of the Resident Council, and as such, could not be recognized as a Resident of the Month even though she and Ed were nominated many times. Ed says they always wanted to “fly under the radar” and did not want attention drawn to their good works. Over the past few months, Ed agreed to rethink this honor on their behalf, and we are grateful that he did. Both Ed and Sue certainly have added to the quality of life for their Fairhaven Friends and neighbors.

### Resident/Volunteer of the Month nominations are always welcome!

Please leave written nominations with details about why you are nominating the resident or volunteer at Fairhaven’s Front Desk or email [dieselman2010@att.net](mailto:dieselman2010@att.net).

### Boxes, Boxes, Boxes!

One of the Resident Council’s most enduring projects is taking care of the Lower Level Free Boxes Locker, located across from the Exercise Room. Boxes are given and taken by residents, families, and staff. As you consider what to donate, please make sure the box is empty of everything except any packing materials that came with it. Please make sure it’s not torn or burnt. Ask yourself if it is something that you would use again. If your answer is no, please recycle it. Thanks for your help in maintaining this service that benefits all of us.

### You are Invited

**Resident Council meetings are held the third Thursday of the month (except August) at 9:30 a.m. in the Whitewater Room. Our next meeting is, therefore, scheduled for June 19. All Fairhaven and Prairie Village residents are encouraged to attend.** The Council is an opportunity and good method to learn more about our community and provide information to Fairhaven leadership, including Department Heads. We can also help you find the best person/persons to receive your ideas and concerns. We are here as your representatives and would like to see you and hear your thoughts. Please consider attending this next – or any future - meetings. **If you would like to get on the agenda for the next meeting please contact Chris Lange in 104D at least 5 days prior to the meeting.**

## Resident Council continued...

### Little Free Libraries vs. City Libraries

We are again asking you to be diligent and watch closely which books you return to the Little Free Library in the Piano Lounge. Staff and/or volunteers continue to find books in Fairhaven Little Free Libraries that need to be returned to the Whitewater or Fort Public Libraries. We are grateful for their efforts to return books, but stress that our Little Free Libraries are NOT drop off points for public library books. Leaving these books in our Little Free Libraries can cost **you** money! **You** get a notice from the Library saying your book is overdue. **You** “know” you returned it. **You** may go to the Little Free Library to get it back, but it is not there since someone else has taken it. **You** end up owing the library for the book. In the case of a Fairhaven book not returned to a Little Free Library, other residents will be deprived of the pleasure of that book. The council has a long history of maintaining Fairhaven’s Little Free Libraries to encourage reading enjoyment. We need your help to be sure every library book gets returned to its proper “home.”

### Friends of Fairhaven/Mini Mart Update, June 2025

In addition to supporting the Friends’ various projects by shopping in the Mini Mart, we also accept donations. You can leave your donation with one of our wonderful volunteers. One of our most recent projects is paying for the new perennials in the circle at Fairhaven’s Front entrance. You can contribute to our work with your shopping and with donations.

Abe Lincoln talking about himself as a storyteller is our next program on July 16. There’ll be other information about it in the July newsletter, but you may want to add the program to your calendars now. If you’ve not been to an Abe Lincoln program here at Fairhaven, you’re in for a treat. If you have been, you know it will be one of the best programs of the year!

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The Mini Mart, located on Fairhaven’s Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.

### Please Welcome...

Rob Phipps has been named our new Director of Facilities. Rob joined the Fairhaven team in 2023 as a member of the maintenance department. Prior to that he owned and operated a landscape business doing contract work for Rock County and the Department of Veterans’ Affairs, among others.

In his free time Rob enjoys fishing, hiking, and camping with his dog Butters and spending time with his daughter and grandson.

Please join us in congratulating and welcoming Rob as he makes the transition to this management role.

### Extra, Extra...



**Movie Nights:** Sunday, Wednesday, and Friday nights at 6:00 pm in Olm Fellowship Hall (one a month matinee movie Wednesday, June 25th—no pm movie that day)

**Bingo:** Tuesday night at 6 pm, Friday and Saturday afternoons at 1:15 pm in Olm Fellowship Hall





### **You're a Grand Old Flag!**

Both Fairhaven and Prairie Village proudly display the United States – and other – flags. It's that time of year when we have some special outside displays.

The "Avenue of the U.S. Flags" is displayed annually in front of Fairhaven's main buildings for various patriotic holidays (think Memorial Day, Flag Day, 4<sup>th</sup> of July, etc.). They were first displayed on May 30, 1984. The late Rev Carroll Olm, original administrator-chaplain, noted then that "Residents, friends in Whitewater, and

friends from across the state had underwritten the purchasing expense." We're grateful that our Maintenance staff keeps this tradition going.

There is a United States flag and a Christian flag displayed in Olm Fellowship Hall. Their source is still being researched at the time of this writing.

Prairie Village resident Lee Murray proposed that U.S. flags be displayed along Burr Oak Trail and Acorn Ridge for the 4<sup>th</sup> of July (and a few more days around then). That tradition began in 2023.

Additional flags have been purchased to increase the number and locations. Prairie Village neighbors will come together again this year to put these flags out.

The U.S. and Wisconsin flags that stand on either side of the fireplace in Prairie Village's large meeting room in the Community Center were donated by Colleen Endisch and the late Sue Stanley in honor of their husbands'-Bill and Tom-military service.

The highly visible U.S. flag outside the Community Center was donated by Jim and Kathy Schumacher. It's highly visible, not just because it's tall, but because they also donated the lighting.

And just where did "You're A Grand Old Flag" come from? It's a patriotic march, written by George M. Cohan. It was first performed on February 6 in the debut performance of his stage musical, "George Washington, Jr." It quickly became the first song from a musical to sell over a million copies of sheet music.

### **Shining Stars**

- Rob Phipps (Maintenance) - Rob always has a positive attitude when asked/tasked with duties and has sure been asked to do quite a bit with all our open apartments needing to be updated.

Signed Brian Robinson

- Bea Gomez (CNA – Wellness Assistant) - Bea checked on me to see if I was ok; helped with cares because I was a little behind. Is always friendly and caring to her coworkers and the residents.

Signed Lavonne Wegner

- Val Merriner (CNA) - Val made a new resident feel comfortable and at ease with her calm tone. Val makes the residents smile and laugh and helps her coworkers. She has great communication and teamwork skills.

Signed Lavonne Wegner

- Jim Schmaling (Maintenance) - One Sunday my old beloved lounge chair died. Jim took me down to the storage area and we picked out another chair. He had folks to drive to church plus other chores, but he found time to truck the chair up to my room and settled in. Jim is always so kind and ready to help when we are in need.

Signed Betty Schoonover, Resident

- Dawn Rocha (Personnel Manager) - Dawn goes about her day in a positive manner after dealing with all the no-calls, no-shows, with interviews. Her fast response to an application helped get a new staff member hired for summer employment when needing staff. Thank you!

Signed Brian Robinson



## June Resident Newsletter SEP Team Topic: Summer Safety Tips for Seniors

**Hydrate, Hydrate, Hydrate:** Research shows that if you're thirsty, you're already becoming dehydrated. Most adults are typically less aware of thirst. Our number one summer safety tip for seniors is to drink consistently throughout the day.

### Wear Proper Sun Protection:

As we age, so does our skin. Aging affects the elasticity of our skin, the amount of moisture it retains, the amount of collagen it produces, and how sensitive it is to outside factors like the sun.

Our immune systems become weaker over time, so our bodies may struggle more to repair sun damage. This is why not only wearing sunscreen but knowing how to wear it correctly is vital. When choosing sun protection:

- Opt for a broad-spectrum sunscreen. · Use a sunscreen with an SPF of 30 or more.
- Apply a generous amount of sunscreen every two hours.
- Look for water-resistant sunscreen.

### Dress Right:

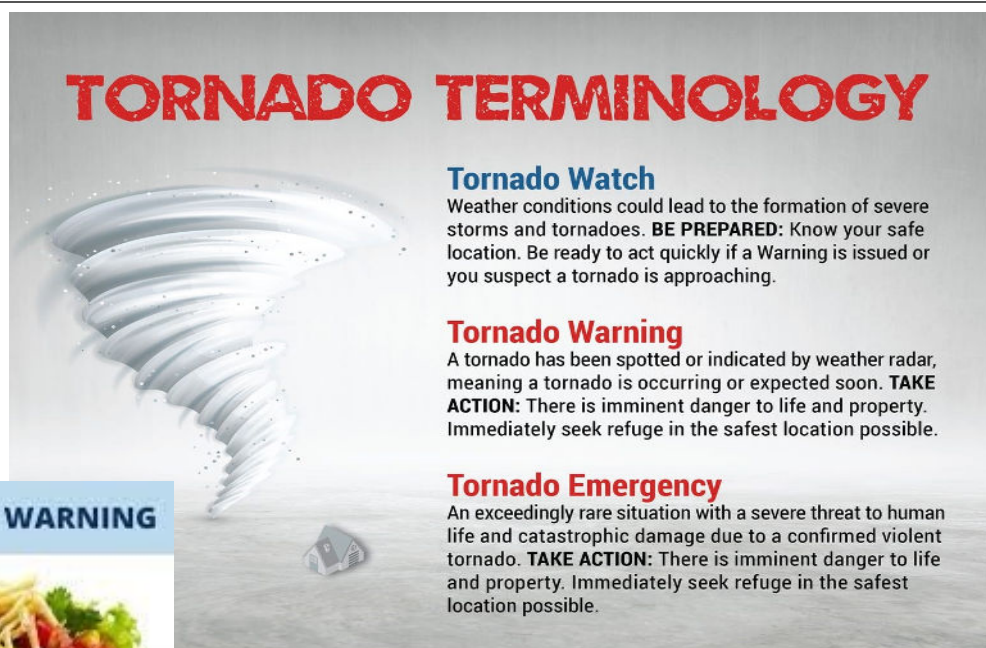
Summer safety involves more than just wearing sunscreen outside. Consider wearing:

- Lightweight, long-sleeved shirts, Lightweight, long pants, clothing designed to filter UV rays.
- Wide-brimmed hats & UV filtering sunglasses to protect your body from UV rays.


### Avoid Going Out in High Temperatures:

- High heat and humidity can mean risky business. Temperatures that may have been tolerable at one point in your life can have a bigger impact on your health as you age.
- Avoid unsafe temperatures by looking at the day's forecast before leaving the house. Don't forget to check the level of humidity throughout the day, too.
- On days where temperatures are just too hot to handle, or may negatively affect your health, consider getting outside early in the morning or late in the evening to avoid the worst of the heat to help maintain a reasonable body temperature.

Here is a helpful visual to know the difference between a watch and a warning.



## TORNADO TERMINOLOGY



**Tornado Watch**  
Weather conditions could lead to the formation of severe storms and tornadoes. **BE PREPARED:** Know your safe location. Be ready to act quickly if a Warning is issued or you suspect a tornado is approaching.

**Tornado Warning**  
A tornado has been spotted or indicated by weather radar, meaning a tornado is occurring or expected soon. **TAKE ACTION:** There is imminent danger to life and property. Immediately seek refuge in the safest location possible.

**Tornado Emergency**  
An exceedingly rare situation with a severe threat to human life and catastrophic damage due to a confirmed violent tornado. **TAKE ACTION:** There is imminent danger to life and property. Immediately seek refuge in the safest location possible.

