

December Resident Newsletter



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🛉 Happy December	Birthday!!!
Sandra Adams	03
📤 Donna Berg	07
🚣 Carol Moldenhauer	08
📤 Hazel Leonard	11 🏄
📤 Ted Kilcoyne	12
🌲 Bill Endisch	14
🌲 Betty Brown	16
Cynthia Bertsch	17
Larole Scharinger	20
Lenise Green	22
👗 Susan Weigel	22
👗 Carmella Kuhnke	23
🟅 Neil Aiken	28
🔀 Clarice Fernelius	30
James Perry	30
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Catholic Mass with St. Patrick's Catholic Church

Wednesday, Dec. 10th at 10:00 am in Olm Fellowship Hall

Communion—Tuesday, December 16th at 10:00 am in B Lounge



Dining Services Corner

There will be a lot of events for the month of December happening. Keep a close eye on your mailbox for invitations. Please respond to these reservations and return them to Dining Services or Front Reception Desk, even if you are not attending. We are looking forward to spending the holidays with you.

Christmas Dinner – December 24th 11:30 a.m. – 12:30 a.m. (RSVP due 12/18)

New Years Eve – Dec. 31^{st} 4:30 pm–5:30 pm (RSVP due 12/26)

From the Chaplain

As we prepare to enter the holiday season of December, I want to invite you to attend some special worship services we'll have in the coming month.

On **Tuesday, December 2** we will hold our first Advent service at 11:00 am. Note that this is a change because Fellowship Hall will not be available on Wednesday.

Wednesday, **December 10** at 11:00 a.m. we will hold our second Advent worship service.

On Wednesday, **December 17** at 10:45 a.m. you are invited to a Christmas Sing-along. We will sing lots of our favorite Christmas carols. Charlotte Kuenning will join us with her violin.

On Wednesday, **December 24** at 10:45a.m. we will have a service of lessons and carols to celebrate Christmas Eve. Charlotte Kuenning will again join us with her violin and Shannon Schoville will close with the beautiful favorite "O Holy Night".

On Wednesday, **December 31** at 11:00 a.m. we will ask God's presence as we prepare to enter a New Year and celebrate what God has given us in 2025.

Everyone is invited to these celebratory worship services.

God's Peace and Merry Christmas, Chaplain Luke

CURRENT EVENTS and IDEAS

Join us for lively conversation on everything from death to politics. Tuesdays, 2:00-3:00 in Olm Fellowship Hall.

The Fairhaven Handbell Choir will present a concert of seasonal music on Friday, Dec. 19 at 10:00 a.m. It will be held in the Fellowship Hall on the main campus. We will play some beautiful music, some inspirational music, and, perhaps, some just fun music! Come join us!

Activities in December

Monday, December 1st at 10:00 am in Olm Fellowship Hall—Bean Bag Baseball

Monday, December 1st at 2:45 pm in the Piano Lounge—UW-W Psychology Master student class social visits

Tuesday, December 2nd at 11:00 am in Olm Fellowship Hall—Worship service with Chaplain Luke. (Due to special event on Wednesday the 3rd, we will not have Chats with Chap or Tai Chi with Jennifer.)

Wednesday, December 3rd at 10:00 am in Olm Fellowship Hall—UW-W Theatre Department is bringing their show on the road to Fairhaven for their presentation of: "Scrooge's Christmas: A Christmas Carol" directed by Bruce Cohen brings new life to Dickens' classis tale in a fast-paced, heartfelt adaptation by Ken Jones. Ebenezer Scrooge is confronted by the ghosts of his past, present, and future, who lead him on a journey of redemption and transformation. You are sure to enjoy this fresh, theatrical spin on a timeless classic filled with humor, heart, and holiday spirit. Produced by special arrangement with Heuer Publishing LLC of Cedar Rapids, Iowa. (Catholic Massis getting moved to Wednesday, December 10th at 10:00 am)

Thursday, December 4th at 10:30 am in the Piano Lounge—Lutheran church service. Date change due to the holidays.

Thursday, December 4th at 10:45 am in Olm Fellowship Hall—Morning Fitness with Janet & Lisa

Thursday, December 4th at 1:15pm in Olm Fellowship Hall—Charlie Chaplin- The Forgotten Years DVD- This documentary about Charlie Chaplin focuses on his late years when he lived with his family in a village on Lake Geneva in Switzerland. His personal life and his love for the circus are depicted as well as the late works of his professional career, including his extensive work as a composer. In addition, the film reveals the Swiss intelligence agency's file on Chaplin. Features numerous archive clips and new interviews with family members and various entertainment stars, including Petula Clark, who sings her Chaplin-written hit "This Is My Song" in his villa. 1 hour

Thursday, December 4th at 5:30 pm in the Piano Lounge—Pet Therapy visits w/ Janesville/Beloit Kennel Club

Thursday, December 4th at 6:30 pm in the Piano Lounge—UW-W Psychology Master student class social visits, This is a different class than the one that attended on Monday.

Friday, December 5th at 1:15 pm in Olm Fellowship Hall—Drum Circle with Christine Hayes and UW-W student group Fostering Success and Independence

Friday, December 5th at 2:15 pm in Olm Fellowship Hall—Sugar cookie frosting and Christmas caroling with UW-W student group Fostering Success and Independence

Monday, December 8th at 10:00 am in Olm Fellowship Hall—Bean Bag baseball and social

Monday, December 8th at 1:15pm in Olm Fellowship Hall—Stealing Lincoln's Body DVD- On the night of the presidential election in 1876, a gang of counterfeiters out of Chicago attempted to steal the entombed embalmed body of Abraham Lincoln. This documentary tells that story. 90 minutes

... More Activities in December

Tuesday, December 9th at 10:45 am in Olm Fellowship Hall—Morning fitness with Janet

Wednesday, December 10th at 10:00 am in Olm Fellowship Hall—Catholic Mass with St. Patrick's Catholic Church

Wednesday, December 10th at 10:00 am in the Piano Lounge—Pet therapy with Cheryl and Aoife

Wednesday, December 10th at 1:15 pm in Olm Fellowship Hall—Carolyn Wehner Holiday Piano Program



Wednesday, December 10th at 2:45 pm in Olm Fellowship Hall—Holiday Craft Project w/ Terrie and Madison

Thursday, December 11th at 9:30am in Olm Fellowship Hall—Resident Council Meeting. Please note the date change for the month of December. All are welcomed and encouraged to attend.

Thursday, December 11th at 10:45 am in Olm Fellowship Hall—Morning fitness w/ Janet & Lisa

Thursday, December 11th at 1:15 pm in Olm Fellowship Hall—Bingo w/ Ang Doman, Director of Case Management and Operations at Bethel House in Whitewater

Thursday, December 11th at 2:30 pm in the Skylight Dining Room—Mocha peppermint iced coffee social

Friday, December 12th at 1:15 pm in Olm Fellowship Hall—Bingo with intern Madison. This will be Madison's last day interning with us at Fairhaven. We thank her for all she has done and look forward to getting over to a softball game this Spring to watch her pitch.

Sunday, December 14th at 1:30 pm in the Piano Lounge—Christmas caroling with Lima-4H

Monday, December 15th at 10:30 am in Olm Fellowship Hall—Listen-in with Paul Kuenning

Monday, December 15th at 1:15 pm in Olm Fellowship Hall—Holiday Island Music w/ Bahama Bob

Tuesday, December 16th at 10:00 am in the B Lounge—Catholic Communion

Tuesday, December 16th—Culver's Lunch Outing. Join us as we head over to Culver's for a lunch outing. Transportation will leave the front lobby at 10:50am and we ask that you sign up by Sunday, December 14th if interested in going.

Tuesday, December 16th at 10:45 am in Olm Fellowship Hall—Seated Tai Chi w/ Jennifer

Wednesday, December 17th at 10:00 am in the Piano Lounge—Pet Therapy w/ Sheri & Suzi

Wednesday, December 17th at 10:45 in Olm Fellowship Hall—Worship Service & Sing-A-Long w/ Chaplain Luke

Wednesday, December 17th at 1:00 pm in Olm Fellowship Hall—Matinee Movie



More Activities in December...



Wednesday, December 17th at 6:00 pm in Olm Fellowship Hall—Main Street Dancers Holiday Program. Fort Atkinson Parks & Recreation Department's Main Street Dance Studio will be returning to Fairhaven. Each holiday season, they like to spread holiday cheer to residents in Senior Living Communities and will proved dancers of various ages and abilities.

Thursday, December 18th from 9:30-10:15am in the Whitewater Conference Room—Blood Pressure Screenings with Wellness Staff from Fort Hospital.

Thursday, December 18th at 10:30 am in Olm Fellowship Hall—Special Holiday program with Gail & Wade. Due to this program, we will not have morning fitness.

Thursday, December 18th at 1:15 pm in Olm Fellowship Hall—Community Drum Circle w/ Christine Hayes

Thursday, December 18th at 2:30 pm in the Piano Lounge—Fresh cheese curd sale

Thursday, December 18th at 2:30 in the Skylight Dining Room—Piano w/ Jim Olm & popcorn and punch social

Thursday, December 18th at 5:30 pm in the Piano Lounge—Pet therapy visits w/ Janesville-Beloit Kennel Club

Friday, December 19th at 10:00 am in Olm Fellowship Hall—Holiday Bell Choir concert

Friday, December 19th at 1:15 pm in Olm Fellowship Hall—Christmas Bingo w/ Dana from Rainbow Community Care

Saturday, December 20th from 10:00-12:00 in the Front Lobby—Whitewater Fiber Arts Group

Saturday, December 20th at 4:00 pm in the Piano Lounge—Saturday Social

Monday, December 22nd at 10:00 am in Olm Fellowship Hall—Bean Bag Baseball

Monday, December 22nd at 2:15 pm in Olm Fellowship Hall—Christmas Party for Assisted Living residents (2nd, 3rd, and 4th floors)

Tuesday, December 23rd at 10:00 am in Olm Fellowship Hall—Christmas Sing-A-Long with Janet & Shannon

Tuesday, December 23rd at 10:45 am in Olm Fellowship Hall—Morning Fitness w/ Janet

Monday, December 29th at 10:00am in Olm Fellowship Hall—Bean Bag Baseball

Monday, December 29th at 1:15 pm in Om Fellowship Hall—Growing Older: A Storyteller's Journey w/ Jim Winship. Growing older is a journey we all undertake. This 45 minute storytelling performance is a recounting of one journey, where Jim blends personal reflection with folktales to share what he has learned and is learning along the way. Jim is a social worker, retired college professor, documentary filmmaker, and a storyteller.

Tuesday, December 30th at 10:45 am in Olm Fellowship Hall—Morning Fitness w/ Janet

Wednesday, December 31st at 1:15 pm in Olm Fellowship Hall—New Year's Eve bingo!

Friends of Fairhaven/Mini Mart Update, December 2025

"It's the Most Wonderful Time of the Year"

Yes, it is a lovely time of year – and we hope you will consider shopping with us at the Mini Mart for Christmas cards and decorative and gift items, as well as our usual offerings.

Please note that we will be closed on both Christmas Eve and New Year's Eve.

Program News

Thanks to all of you who attended our November Music Masters program. As always, it was well received. Our next program, another great concert by the Warblers, will be in March (exact date yet to be set). Both these programs are scheduled by Jeanine Fassl, one of our amazing volunteers.

The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.



2025 Employees Christmas Fund

Thanks to all residents, families, and friends who donated to this year's Employees Christmas Fund. Fairhaven staff who worked behind the scenes on the Christmas Fund include:

Dawn Rocha prepared the employees list that supported David Gackstatter "doing the math" for the Christmas Fund leadership (Karen Christofferson, Neil Aiken, and Chris Lange) to make the final distribution decisions. Shannon Schoville included Fund information in Fairhaven newsletters, prepared the annual letter, and made stickers for the Employees envelopes. Brian Robinson made sure the final deadline announcement ran on Channel 900. And Jasmyne Hauger happily lent us space to post that announcement at the entrances to the Dining Room.

More details about the results in the January newsletter! Again, our thanks and Merry Christmas and Happy New Year.

The Resident Council



Resident Council Update, December 2025

Resident/Volunteer of the Month

We are always accepting nominations for residents or volunteers at and around Fairhaven. If you think someone you have observed going an extra step or showing special efforts to make Fairhaven a better environment for people here, please leave a written nomination with details on why you are nominating that resident or volunteer at Fairhaven's front desk, or get it to the Resident Council chairperson for introduction into the next monthly meeting.

New Council Members

In 2025 the Resident Council welcomed three new members: Rich Schilt from Prairie Village and Olive Crawley and David Helming from Fairhaven. We strive to put a best foot forward and help kee3p management and residents in meaningful communication and dialogue. If you have ideas or concerns, please seek them or any other council member out.

Updates, Information and News

Many of our Department Heads speak at our Resident Council meetings. Jasmyne from Dining Services updates us on food events, special menus, and new menu items. Brian brings us information regarding new residents and activities. Paul and Shannon bring us information on updates, changes, and improvements to Fairhaven and Prairie Village. We recently heard about the many food drives going on within the Whitewater community, as well as here at Fairhaven. Many local organizations have responded with incredibly generous hearts coming into this holiday season. Congratulations all!

Annual Activities from the Resident Council

Resident Council maintains bulletin boards throughout the facility that bring art, ideas, thoughts, and favorite things to Fairhaven for the enjoyment of all our residents. The boards also serve as a communication tool to bring information and meeting results to all who read them. Located on the Lower Level, at the D concourse, at AA and at the Community Center at Prairie Village, you can stop and check them out anytime your around the building. For a number of years, Resident Council has maintained a "Boxes" locker on the Lower Level across from the workout room. Boxes of all sizes for many uses are available here and you can add to them or find one that fits your needs. With the holidays upon us, the locker may help you out.

Thursday, December 11, 2025 Resident Council will have its next meeting in Olm Fellowship Hall at 9:30 am. All residents are welcome and encouraged to attend. This provides an opportunity for any resident to ask a question, make a suggestion, or get an answer.

Resident Council hopes you all enjoyed a warm and filling Thanksgiving, and wishes you a very happy, healthy, and merry Christmas.



December SEP Team Topic:

Winter Safety Tips

1. Dress in Layers and Stay Warm

One of the most effective ways for seniors to protect themselves from the harsh winter cold is by dressing in layers. Wearing multiple layers of clothing helps trap body heat and provides insulation against plummeting temperatures. When venturing outdoors, seniors should opt for water-resistant coats, hats, gloves, and warm boots with good traction to prevent slips on icy surfaces. Indoors, maintaining a comfortable temperature and using cozy blankets can further help seniors stay warm and reduce the risk of hypothermia.

2. Prevent Slips and Falls

Slippery sidewalks and driveways are a common hazard during winter months. Seniors should wear non-slip boots and consider using walking aids, such as canes with ice grips, for added stability. It's also a good idea to avoid stepping outdoors during severe weather conditions unless necessary.

3. Stay Connected to Avoid Isolation

Winter can make it harder for seniors to maintain social connections, which are vital for emotional and mental well-being. Staying in touch with family, friends, and neighbors through phone calls, video chats, or friendly home visits can help ward off feelings of loneliness. Participating in organized social events, group activities, or communal meals can help foster a sense of companionship.

Christmas Village!!!

The decades long tradition of the Fairhaven Christmas Village taking over the front corner of the Main Lobby continues. Our faithful group of residents and community volunteers will take it down on January 8. (More about this group will be in the January newsletter.)

Thanks to Bruce Lucht from Maintenance for his long time dedication to this project. He knows what's been done in the past and is always ready to support any changes. It's no small task getting that area ready for the tables and getting everything we need for set-up. Then he does it all over again when we take it down!

Thanks to Jaimie Steilkie from the Laundry who not only provided us the number of sheets we requested this year but saw the tables and realized we needed more. The sheets are the first thing we put on the tables so the timing of her having these available was just right!

And thanks to all past and present Fairhaven staff and administration for decades of support, time, opinions and encouragement about this large undertaking.

Please plan on making at least two visits—it's lit from 2:00-8:00 pm and that's one way to look at it. It's an entirely different view before then. Enjoy!

Shining Stars

Tena Engels—Office

Deserves a gold medal for raising 50 monarchs in the butterfly nursery this year!!

- Fairhaven Residents



Kristin Semo—Nursing

Helps me with my activities of daily living with care and patience.

- Patricia Peters

Laura Olivares—Nursing

She is a very helpful person. Also very patient and has a smile on her face.

- Patricia Peters

Rianna Reid—Nursing

She is very helpful and patient when doing my cares. She is always smiling and so happy to help.

- Patricia Peters

Raul Castro—Transportation

Raul went above and beyond taking me to Urgent Care, staying on a Friday late and being so nice.

- Janet Rothman

Guess the Carol

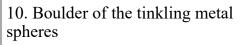
Guess the Christmas carols from the cues given.

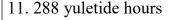
- 1. Sir Lancelot with laryngitis
- 2. Exuberance to this orb
- 3. The apartment of two psychiatrists
- 4. Assemble everyone who believes
- 5. Far back in a hay bin
- 6. Decorate the entryways
- 7. The lad is a diminutive percussionist



8. Frozen precipitation commence

9. The smog-less bewitching hour arrived





- 12. Oh, member of the round table with missing areas
- 13. Leave and do an elevated broadcast
- 14. We are Kong, Lear, and Nat Cole
- 15. Our fervent hope is that you thoroughly enjoy your yuletide season
- 16. May the deity bestow an absence of fatigue to mild-mannered males

