



February Resident Newsletter

February 1, 2026

Welcome to Fairhaven...

Cortlyn Almquist	2C
Gary Constable	2C
Mary Touton	2C
Ron Van Rossum	2C
Dave Maurer	105E

Welcome

In Memory of...

Jean Dehorn



Movies in Olm Fellowship Hall

Sunday, Wednesday, and Friday nights movies will be shown at 6:00 pm. Once a month there will be a Wednesday Matinee Movie rather than an evening movie.

Ash Wednesday

February 18 marks the beginning of Lent, a time of preparation for Holy Week in which we remember the death and resurrection of Jesus Christ. At our 11:00 a.m. service on the 18th we will observe the imposition of ashes during the service. The ashes which are applied in the sign of the cross remind us of the sacrifice of our Lord, our call to repent and the beginning of our observation of Lent. If you are not able to attend and would like to receive ashes, contact the chaplain's office and chaplain Luke will bring them to you.

Catholic Mass with St. Patrick's Catholic Church - Wednesday, February 4th at 10:00am in Fellowship Hall

Catholic Communion— Tuesday, February 17th at 10:00am in B Lounge.

**Rosary every Tuesday at 3:25 in the B-Lounge
UW-W Warhawk Catholics will be leading the Rosary.**

Happy February Birthday!!!

Marion Burrows	02
Valary Banker	03
Jacquelyn Titus	03
Margaret "Jean" Brown	07
Joe Rynes	10
Dave Maurer	14
Betty Schoonover	16
Ron Filarski	17
Jimmie Eloff	18
Wayne Deloach	18
Dan Sable	20
Sam Soffa	23
Barbara Dosemagen	25
Donna Bieschke	27
Lucille Weiman	27
Donald Sorensen	28
Lucille Weckler	28



Needle & Yarn Club

Join us every Monday morning between 9:00 and 11:00 am in the Piano Lounge. If you don't want to crochet or knit you are welcome to come socialize.

Bible Study

Every Monday morning at 9:30 in the Whitewater Conference Room with Pastor Samuel Schulz from St. John's Evangelical Church

CURRENT EVENTS & IDEAS Open and insightful conversation is vital for sustained mental health. We provide that amidst a circle of fun and friendship. Please join us each Tuesday afternoon, 2:00-3:00 in Olm Fellowship Hall.

Programs with Chaplain Luke Bocher:

Tuesday: Devotions with Chaplain Luke
10:00 a.m.—Olm Fellowship Hall

Wednesdays: Worship with Chaplain Luke
11:00 a.m. - Olm Fellowship Hall

Chaplain Luke will NOT be in on February 4th so there will be NO worship service that day.

Happenings in February

Monday, February 2nd at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, February 2nd at 1:15 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: Dover Castle-Dan explores behind the battlements of Dover Castle and descends into an underground lair. There, he discovers how a vast network of tunnels had been used to defend both the castle and the country for centuries. 1 hour

Tuesday, February 3rd—Red Line BBQ will be here and in the Front Lobby

Tuesday, February 3rd at 10:45 am in Olm Fellowship Hall—Morning Fitness with Janet

Wednesday, February 4th at 10:00 am in Olm Fellowship Hall—Catholic Mass with St. Patrick's Catholic Church

Wednesday, February 4th at 10:00 am in the Piano Lounge—Pet Therapy w/ Maria and Oakley

Wednesday, February 4th at 1:00 pm in Olm Fellowship Hall—Apartment resident Olive Crawley will be leading a Low Vision Support Group. We encourage all to attend and this will act as the first of what will be monthly gatherings.

Wednesday, February 4th at 7:00 pm in Olm Fellowship Hall—Special Valentine's Music Program: UW-W Music professor Benjamin Whitcomb and his acapella group, Fortzando will serenade you. Come down and enjoy this wonderful gift of music. (Movie moved to Thursday night)

Thursday, February 5th at 10:45 am in Olm Fellowship Hall—Morning Fitness with Janet & Lisa

Thursday, February 5th at 1:15 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: The Tower of London-Built by William the Conqueror, the Tower of London is one of Britain's most iconic landmarks. It has been a military fortress, a palace, a royal mint, a prison, a zoo and a place of execution, a silent witness to some of the most momentous events in our history. Dan Jones reveals some of its fascinating secrets and tells the stories of the traitors, rebels, and royalty who met their end inside its imposing walls. 1 hour.

Thursday, February 5th at 6:00 pm in Olm Fellowship Hall—Thursday night movie

Friday, February 6th at 10:00 am in the Piano Lounge/Front Lobby—Social visit and cards with UW-W Women's Soccer team

Friday, February 6th at 1:15 pm in Olm Fellowship Hall—Drum circle w/ Christine Hayes

Saturday, February 7th at 1:15 pm in Olm Fellowship Hall—Bingo

Monday, February 9th at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, February 9th at 1:15 pm in Olm Fellowship Hall—Country music w/ Cowboy Bob

Monday, February 9th at 6:00 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: Warwick Castle- Dan is in the heart of the English countryside at Warwick Castle. While it appears idyllic today, for centuries it was a poisoned chalice to the Earls of Warwick who lived there and its walls echo with tales of betrayal, bloodshed and murder. 1 hour

...Happenings Continued

Tuesday, February 10th from 10:00-11:00 am in the Piano Lounge—Coffee & chats with UW-W Veterans. This is a new program we are starting to try and provide Fairhaven veterans and UW-W student (and possibly faculty) veterans the opportunity to come together and talk. This program will alternate between being hosted at Fairhaven and the UW-W Campus.

Tuesday, February 10th at 10:45 am in Olm Fellowship Hall—Morning fitness w/ Janet

Tuesday, February 10th at 1:00pm in Olm Fellowship Hall—Fall program update with Paul Kuenning. In response to Resident Council, Paul and the management team have come together on a new falls program and we encourage all residents to attend. Reminder that this only impacts residents that live in Apartments and is not a program within the other levels we offer.

Tuesday, February 10th at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, February 11th at 10:00 am in the Piano Lounge—Pet therapy w/ Cheryl and Aoife

Wednesday, February 11th at 1:15 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: Caernarfon—Historian Dan Jones is in the heart of Snowdonia exploring a stronghold built not only as an impenetrable fortress but also as a lavish royal palace fit for a fairytale—Caernarfon Castle. 1 hour

Thursday, February 12th at 1:15 pm in Olm Fellowship Hall—Valentines' Day card making w/ staff from Rainbow Community Care. These Valentine's Day cards will be made for and dropped off to the Whitewater Police Department and Fire/Rescue.

Thursday, February 12th at 5:30 pm in the Piano Lounge—Pet therapy w/ Janesville/Beloit Kennel Club

Friday, February 13th at 10:00 am in the Front Lobby/Piano Lounge—Social visits from UW-W student group Cru

Friday, February 13th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W sorority Tri-Sigma

Saturday, February 14th at 1:15 pm in Olm Fellowship Hall—Bingo

Monday, February 16th at 10:30 am in Olm Fellowship Hall—Listen-In w/ Paul Kuenning

Monday, February 16th at 1:15 pm in Olm Fellowship Hall—Piano program w/ Carolyn Wehner

Tuesday, February 17th at 10:00 am in the B-Lounge—Catholic Communion

Tuesday, February 17th at 10:45 am in Olm Fellowship Hall—Morning fitness w/ Janet

Tuesday, February 17th at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, February 18th at 10:00 am in the Piano Lounge—Pet therapy w/ Karen and Ezzy

Wednesday, February 18th at 1:00 pm in Olm Fellowship Hall—Matinee movie

Wednesday, February 18th—UW-W Women's Basketball game outing: Transportation will leave the front lobby at 6:20 for the 7:00 pm game. If you would like to go, please sign up at the front desk.



More Happenings in February

Thursday, February 19th at 9:30 am in Olm Fellowship Hall—Resident Council. All are encouraged to attend.

Thursday, February 19th from 10:00-11:00 am in the Whitewater Conference Room—Free blood pressure screening w/ Fort Wellness Staff

Thursday, February 19th at 10:45 am in Olm Fellowship Hall—Morning fitness w/ Janet & Lisa

Thursday, February 19th at 1:15 pm in Olm Fellowship Hall—Drum circle w/ Christine Hayes

Thursday, February 19th at 6:00 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: Stirling Castle— Situated on a crag overlooking the river Forth, Stirling Castle has guarded the gateway to the Scottish Highlands for centuries. The residence of kings, armies, and felons, its battle-scarred walls have witnessed savagery and chivalry, intrigue, alchemy, adultery, and murder. Location filming, stunning aerial shots, and reconstructions bring to life its turbulent history. 1 hour

Friday, February 20th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Phi Eta Sigma

Friday, February 20th at 2:30 pm in the Piano Lounge—Fresh bread sale: Banana bread and/or garlic cheese bread. 2 mini loaves for \$5.00

Saturday, February 21st from 10:00-12:00 in the Front Lobby—Whitewater Fiber Arts Guild

Saturday, February 21st at 1:15 pm in Olm Fellowship Hall—Bingo

Saturday, February 21st at 4:00 pm in the Piano Lounge—Saturday Social

Monday, February 23rd at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, February 23rd at 5:45 in Olm Fellowship Hall—Bingo w/ UW-W student group DECA

Tuesday, February 24th at 10:45 am in Olm Fellowship Hall—Morning fitness w/ Janet



Tuesday, February 24th—Culver's lunch outing: Transportation will leave the front lobby at 10:50 am and it is asked that you sign up at the front desk if you would like to go.

Tuesday, February 24th at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, February 25th at 10:00 am in the Piano Lounge—Pet therapy with Shari and Suzi

Wednesday, February 25th at 1:15 pm in Olm Fellowship Hall—Great Britain's most famous castles PBS: Carrickfergus— Dan Jones explores the turbulent history of Carrickfergus, one of the most ancient castles in Northern Ireland and a stronghold that holds the key to understanding the tempestuous relationship between Britain and Ireland. 1 hour

Thursday, February 26th at 10:30 am in the Piano Lounge—Lutheran church service

Even more Happenings in February...

Thursday, February 26th at 2:30 pm in the Skylight Dining Room—Stuffed mushroom social.

Thursday, February 26th at 5:30 pm in the Piano Lounge—Pet therapy w/ Janesville/Beloit Kennel Club

Friday, February 27th at 1:15 pm in Olm Fellowship Hall—Dog treat making w/ UW-W sorority Alpha Sigma

Calling All Artists and Collectors

If you have a collection or artwork you would like to share with other residents you can display it in the glass case outside Olm Fellowship Hall. There have also been requests to do an “art gallery” type of display for larger works such as paintings and photographs. If you are interested in displaying something in either of these two ways, please contact Shannon Schoville in the office.



You're Invited

Monday, February 9th at 1:15 pm there will be a dedication of the Balfe Family Lounges on 2nd floor and the Friends of Fairhaven Lounge on 4th floor. Paul and Dorothy Balfe were residents of Prairie Village and Fairhaven for many years, as well as Alice Converse Balfe years before. Paul and Dorothy always spoke highly of Fairhaven and the care its staff gave to Alice and Dorothy, and were generous donors to the Resident Christmas fund each year. The Friends of Fairhaven volunteers make their presence known by the Mini Mart and their support of the many projects focused on the care and needs of residents over the years. Pastor Luke Bocher will do the dedication and will be joined by members of the Balfe family, Friends of Fairhaven and Fairhaven Board members and residents. We are sincerely grateful for their contributions that made these lounges possible!

February Resident Council Update

Resident of the Month

Barbara Davis has been invaluable for her service on the Movie Committee, using organization skills to guide the committee's work. New nominations for the resident of the month are always welcome, and can be made to Don Sorenson.

Silver Star Award

This is a new award for residents who have performed some exceptional service worthy of special recognition. Nominations should be made to the Resident Council for their final approval. Recipients will receive a free breakfast.

Discussion of Fairhaven Fall Policy

Concerns regarding the current policy were brought to CEO Paul Kuenning at the January meeting. Suggestions for changes in the policy were discussed. Management will review the suggestions and make residents aware of their decision once it has been made.

Thank Yous

The Council thanked Rich and Susan Schilt for volunteering to lead the set-up of the Christmas village for 2026. We also want to thank all residents who donated to the Christmas fund, making gifts to Fairhaven staff possible. This fund is a way of thanking staff for caring service throughout the year. Contributions to the fund may be made anytime during the year.

Next Meeting

The Resident Council will meet again February 19, 2026 at 9:30 am in Olm Fellowship Hall. All residents are welcome and encouraged to attend.

February 2026 Shining Stars



- Claire Harrison – Housekeeping
Appreciate her neatly organizing my clothes and putting things away for me.
- Patty Peters
- Tonya Zwitter—Housekeeping
She is spotless with the floors, dusting-EVERYTHING! Very polite and takes care of plants too.
- Patty Peters
- Steve Cawkins—Maintenance
Steve was instrumental in making sure that a resident's move went smoothly. Great job!
- Suzy Swanson
- Jerry Hall—Maintenance
I would like to nominate Jerry for a “triple gold star” for service beyond excellence. Over the last several months I have had constant plumbing issues in my bathroom. Jerry always came with a cheerful attitude and made the necessary repairs. He made sure that I got a new toilet and that it was installed properly. Jerry, you are the BEST and thank you!
- Susan Weigel
- Bea Gomez—Nursing
Had a SUPERB bath!
- Jean Bromley
- Steve Cawkins—Maintenance
Thank you for going above and beyond to figure out and fix the problem with the hot water in E-2 building. Our residents greatly appreciate taking a hot shower!
- Mary Loomis

Do you enjoy music?

The Fairhaven Handbell Choir has openings for new players! We meet on Friday mornings from 9:30 to 10:30 in Fellowship Hall and present concerts several times a year. If you are interested, contact Tom Ryan at 608-201-2004 or leave a note at the main desk. We provide instruction if needed!

Falls Program Update with Paul Kuenning

Tuesday, February 10th at 1:00pm in Olm Fellowship Hall

In response to Resident Council, Paul and the Management Team have come together on a New Falls Program and we encourage all residents to attend. Reminder that this only impacts residents that live in Apartments and is not a program within the other levels we offer.



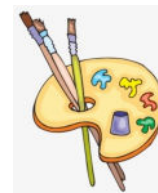
Have your portrait drawn!

UW-W Drawing Class is back again at Fairhaven and looking for 9 participants. You would need to be available for all 3 of the dates listed below. If interested, please sign up at the front desk. Please see Brian with any questions.

Wed 2/11 3:45-4:30 p.m. in the piano lounge

Wed 2/18 3:45-4:30 p.m. in the piano lounge

Wed 3/04 3:45-4:30 p.m. in the piano lounge.



Planning Ahead

Monday, March 2nd at 3:00 pm in Olm Fellowship Hall the Fairhaven Lecture Series will start again for the Spring semester.

Brewers Baseball Game Outing—Wednesday, April 1st at American Family Field

We will be heading to American Family Field to watch the Milwaukee Brewers take on the Tampa Bay Rays with first pitch at 12:40 pm. Transportation will leave the front lobby around 9:30 am and Prairie Village Community Center at 9:40 am. Tickets are \$19.00 and with transportation and parking fees, should be around \$40-\$45 total. If you are interested in going, please sign up in person or by calling the front desk. Brian will be ordering tickets by the end of the month, and once tickets are ordered you are responsible for finding someone to take your ticket or pay for the ticket if you are unable to go. Those that do sign up will have all fees put on their resident bill/statement after the game. Any questions, please contact Brian.

February is Heart Awareness Month: Strokes and heart attacks are always an emergency. But do you know the signs of stroke and heart attack? Knowledge is power. Save a life by learning the signs and symptoms, recognizing them when they happen, and calling 911 for help.

Stroke

- Sudden numbness or weakness in the face, arm or leg, especially on one side of the body
- Sudden confusion or trouble understanding speech
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, or loss of balance or coordination
- Sudden severe headache with no known cause

Heart attack

- Pain or discomfort in the chest
- Lightheadedness, nausea or vomiting
- Jaw, neck or back pain
- Discomfort or pain in arm or shoulder
- Shortness of breath



When you think someone might be having a stroke or heart attack, don't wait. Call 911 right away. Emergency medical services personnel are trained to identify stroke and heart attack and get the patient to a hospital fast. These medical emergencies are treatable and the faster the patient gets treated, the more likely they are to return home to family and routines.

Fairhaven Pollinator Garden News

Did you know that not one, but TWO pollinator gardens will be planted at Fairhaven in May? The main garden, about 1,000 sq. feet and marked with a “Pollinator Garden in Progress” sign, is in front of building AA — a wedge-shaped plot between the creek, the parking lot, and Starin Road that’s in full sun and bordered by sidewalks on two sides. The second, smaller plot is a 60-foot-long partly shaded section along the fenceline behind building E, adjacent to the garages.

The Fairhaven Pollinator Garden team, which has been meeting since last summer to plan, includes residents Karen Coburn, Kaye Eckert, Chris Lange, Dan Sable, and Sue Weigel, and community member Kristine Zaballos. We are assembling a plant list and will be purchasing the plants through the Wild One Kettle Moraine chapter native plant sale at about \$2.50 per plant. Fundraising for the garden is ongoing: look for pollinator garden-themed items like notecards, bookmarks, and coffee mugs soon, and any checks in support can be made out to the Fairhaven Pollinator Garden fund and sent to David Gackstatter at 435 W. Starin Rd. or simply left for him at the front desk. Our goal is to raise about \$4,000 through grants and donations to purchase plants, plant identification signs, and garden signage.

We gave one well-attended presentation about the plans for the garden at Fairhaven on Nov. 6, 2025, where we talked about the benefits of native gardens to pollinators and other insects, to birds, to humans and to the environment. We have scheduled our next presentation, where we will present the garden design, give an update on fundraising, and detail how the garden will be planted and maintained, for Thursday, March 19, at 1:15 pm in Olm Fellowship Hall.

If you are interested in finding out more about the garden, contact Karen at krncoburn@yahoo.com or Kristine at kristine@zaballos.com. Follow the garden progress on Facebook at [@Fairhaven Pollinator Garden](https://www.facebook.com/FairhavenPollinatorGarden).

Friends/Mini Mart Update

You’ll find information elsewhere in this newsletter about the February 9 dedication of the Balfe Lounge on the Second Floor. The Friends/Mini Mart were major contributors to the Fourth Floor Lounge, which will also be dedicated that day. We could not have done this without your support! Thank you again.

Every now and then, we receive a donation from a resident, family member(s), or a guest. These aren’t payments for Mini Mart items but are simply gifts. This happened again recently. While our donor asked that their name not be shared, they want everyone to know just how grateful they are for the Mini Mart. And we are so grateful for this unexpected contribution!

The Mini Mart has a collection of greeting cards created by Fairhaven resident Kaye Eckert. Proceeds from the sales of these “works of art” (accurately described by Val Cole, our greeting card manager) support the Pollinator Garden Fund. Please stop by and see how special these are.

Yes, we are decked out for Valentine’s Day, February 14 with greeting cards and decorative items. Please come see what we have!

Expect details in the March newsletter about our next program – the Warblers from the Senior Center. You will see some of our very own residents singing.

The Mini Mart, located on Fairhaven’s Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.



Because Fairhaven employees help us year-round, we accept donations year-round.

Please leave your donations at the Front Desk.

**Thank you,
Resident Council**

