



**Daylight Savings
Time Begins
March 8, 2026
(Put clocks ahead 1 hour)**

In Memory of...

***Ed Sorenson
Carol Hurley
Louise Price
James Perry
Mary "Ginger" Meyer
Betsy Sonnemann
Shirley Graves***



News from the Dining Room

St. Patrick's Day celebration dinner!!
Tuesday March 17th in the Skylight Dining
Room 11:30 - 12:30
Reservations MUST be returned no later than
Thursday, March 13th.
Please return the invitation even if you do not
plan on attending

Main Entree \$17.00

Corned Beef
Braised Cabbage
Steamed Red Potatoes
Baby Carrots
Rye Bread w. Butter
Fruit Salad
Guinness Brownie Parfait

Lighter side \$11.00

Irish Potato Soup
Green Goddess Grilled Cheese
Guinness Brownie Parfait

Beverages (only served in Skylight Dining)

Guinness
Spotted Cow
Emerald Island Punch

Happy Birthday!

★	Mary Jo Allen	5	★
★	Barbara Korsek	6	★
★	Rosemary Schemm	6	★
★	Kathleen Harenza	7	★
★	Bob Eckert	9	★
★	Sue Chuppa	10	★
★	Larry Kyle	12	★
★	Sharron McCarthy	13	★
★	Steve Eberhardt	14	★
★	Robert Behrens	15	★
★	Mary Lemke	16	★
★	Nels Wiberg	16	★
★	Jerome Cagney	18	★
★	Allen Grady	18	★
★	Judy Jensen	18	★
★	Dorothy Kau	18	★
★	Karen Christofferson	19	★
★	Tom Ganser	19	★
★	Susan Schilt	20	★
★	James Stevenson	28	★
★	Adrienne Webb	31	★
★	Calvin "Lee" Gilbertson	31	★



Please welcome...



Elaine Gronert
Donna Alberth
Lawrence Crone

Worship Programs with Chaplain Luke:

Tuesday: Devotions with Chaplain Luke
Olm Fellowship Hall—10:00 am

Wednesdays: Worship with Chaplain Luke
11:00 a.m. - Olm Fellowship Hall



Happenings at Fairhaven

Monday, March 2nd at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, March 2nd at 6:00 pm in Olm Fellowship Hall—The World’s Most Scenic River Journeys (PBS) “The Potomac, USA”: The Potomac River winds through America’s capital, passing a number of historic sites on its way. (45 minutes)

Tuesday, March 3rd at 10:45 am in Olm Fellowship Hall—Morning exercise with Janet

Tuesday, March 3rd at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, March 4th at 10:00 am in Olm Fellowship Hall—Catholic Mass with St. Patrick’s Catholic Church

Wednesday, March 4th at 10:00 am in the Piano Lounge—Pet therapy

Wednesday, March 4th at 1:15 pm in Olm Fellowship Hall—Friends of Fairhaven presents: Music w/ the Whitewater Warblers- Love is in the air! The Warblers have worked hard on their show. This year's show is about the different stages of love with songs that share those sentiments. They will also have some facts to go with the show and a lot of their own personal stories.

Thursday, March 5th at 10:15 am in Olm Fellowship Hall—Glory Days reminiscence & reflection group with UW-W Counseling grad students: Introductions, drawing a memory that reflects a personal characteristic and time to share. (No Thursday morning exercise during these programs.)

Thursday, March 5th at 1:15 pm in Olm Fellowship Hall—Memorial service for Ed Sorenson

Friday, March 6th at 1:15 pm in Olm Fellowship Hall—Drum circle with Christine Hayes

Saturday, March 7th at 1:15 pm in Olm Fellowship Hall—Bingo

Monday, March 9th at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, March 9th at 1:00pm in Olm Fellowship Hall—Low Vision Support Group led by Resident Olive Crawley

Monday, March 9th at 3:00 pm in Olm Fellowship Hall—Fairhaven Lecture Series returns! From Quakers to Warhawks: The History of Intercollegiate Athletics at UW-Whitewater

Monday, March 9th at 6:00 pm in Olm Fellowship Hall—The World’s Most Scenic River Journeys (PBS) “River Dordogne, France”: France’s Dordogne River weaves past castles and greenery in the heart of Southwest France. (45 minutes)

Tuesday, March 10th—Coffee & Chats with UW-W and Fairhaven Veterans: This month we will head over to UW-W Campus, leaving at 9:40 am for 10:00-11:00 am coffee & chats. If interested in going, please sign up at the front desk.

Tuesday, March 10th at 5:45 pm in Olm Fellowship Hall—Bingo with UW-W student group AMA

Wednesday, March 11th at 10:00 am in the Piano Lounge—Pet therapy with Cheryl & Aoife

More Happenings at Fairhaven

Wednesday, March 11th at 1:15 pm in Olm Fellowship Hall—Rainbow Community Care End of Life DVD with ice cream social to follow for those attending. Consider the Conversation: A Documentary on a Taboo Subject: This thought-provoking documentary takes an honest look at something most of us avoid talking about—end of life. Through the stories of three terminally ill patients in their 50s and the healthcare professionals who care for the dying, the film gently guides viewers through some of the most important questions we'll ever face. It's not about death—it's about how we want to live at the end of our lives, and why starting that conversation matters. (1 hour)

Thursday, March 12th at 10:15 am in Olm Fellowship Hall—Glory Days reminiscence & reflection group with UW-W Counseling grad students—See full page flyer in newsletter. No morning exercise.

Thursday, March 12th—Bingo outing to UW-W Hamilton Room—UW-W Health and Counseling staff and students are hosting us for a fun afternoon of bingo from 2:00-3:00 pm. Transportation will leave starting at 1:15 and it is asked that you sign up by Monday, March 9th if interested in going.

Thursday, March 12th at 5:30 pm in the Piano Lounge—Social visits with UW-W Counseling class. (This class visit will take place with pet therapy but also have separate side visits for those not wanting to participate in pet therapy visits.)

Thursday, March 12th at 5:30 pm in the Piano Lounge—Pet therapy with Janesville/Beloit Kennel Club.

Friday, March 13th at 10:00 am in the Piano Lounge—Social visits and table games with UW-W student group Cru.

Friday, March 13th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Warhawk Catholics

Saturday, March 14th at 1:15 pm in Olm Fellowship Hall—Quarter Bingo

Monday, March 16th at 10:30 am in Olm Fellowship Hall—Listen-in with Fairhaven CEO Paul Kuenning. No bean bag baseball on this date.

Monday, March 16th at 3:00 pm in Olm Fellowship Hall—Fairhaven Lecture Series: On Campus Housing Through the Decades: The Evolution from Dorms to Residence Halls

Monday, March 16th at 5:30 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Circle K

Tuesday, March 17th from 9:00-11:00am in Olm Fellowship Hall—Day 1 of Absentee Voting

Tuesday, March 17th at 10:00 am in the B-Lounge—Catholic Communion

Tuesday, March 17th at 10:45 am in Olm Fellowship Hall—Morning exercise with Janet

Tuesday, March 17th at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, March 18th at 10:00 am in the Piano Lounge—Pet therapy with Shari and Suzi

Wednesday, March 18th at 1:00 pm in Olm Fellowship Hall—Matinee movie

Even More Happenings at Fairhaven

Wednesday, March 18th at 6:00 pm in Olm Fellowship Hall—The World’s Most Scenic River Journeys (PBS) “The River Spey, Scotland”: The breathtaking River Spey in Scotland is home to world-famous whiskey and salmon fishing. (45 minutes)

Thursday, March 19th at 9:30 am in Olm Fellowship Hall—Resident Council Meeting

Thursday, March 19th at 10:00 am in the Whitewater Conference Room—Free blood pressure screenings with Fort Wellness staff

Thursday, March 19th at 10:15 am in Olm Fellowship Hall—Glory Days reminiscence & reflection group with UW-W Counseling grad students—See full page flyer in newsletter. No morning exercise on this date.

Thursday, March 19th at 1:15 pm in Olm Fellowship Hall—Drum circle with Christine Hayes

Thursday, March 19th at 2:15 pm in the Piano Lounge—Fresh cheese curd sale

Thursday, March 19th at 2:30 pm in Olm Fellowship Hall—Pain and Spine Management presentation: Edgerton hospital has opened a Pain and Spine Management Clinic here in Whitewater and will be coming in to inform residents as to what they offer and how it could be of benefit to you. Those who attend will get ice cream.

Friday, March 20th from 1:00-3:00pm in the Skylight Dining Room—Day 2 Absentee voting

Friday, March 20th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Phi Eta Sigma

Saturday, March 21st at 10:00 am in the Front Lobby—Whitewater Fiber Arts Group

Saturday, March 21st at 2:00pm in Olm Fellowship Hall—UW-W Music program with Benjamin Whitcomb. Due to this musical program, we will not have Bingo on this date.

Saturday, March 21st at 4:00 pm in Olm Fellowship Hall—Saturday Social

Monday, March 23rd at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, March 23rd—NO Fairhaven Lecture Series today

Monday, March 23rd at 6:00 pm in Olm Fellowship Hall—The World’s Most Scenic River Journeys (PBS) “The Hudson River, USA”: The Hudson River winds through much of New York State’s most beautiful natural scenery.

Tuesday, March 24th at 10:45 am in Olm Fellowship Hall—Morning exercise with Janet

Tuesday, March 24th—Lunch Outing to Rick's Eastside Restaurant. Transportation will leave the front lobby at 10:50 am for those wanting to go. Please sign up at the front desk by Friday, March 20th if you would like to go.

Tuesday, March 24th at 5:45 pm in Olm Fellowship Hall—Bingo

Wednesday, March 25th at 10:00 am in the Piano Lounge—Pet therapy with Karen and Ezzy

Wednesday, March 25th at 1:15 pm in Olm Fellowship Hall—Hoo’s Woods Raptor Center presentation with Wesley the Snowy Owl!

Still More Happenings at Fairhaven...

Thursday, March 26th—Art project with UW-W Children’s Center at the Whitewater Arts Alliance. Join us for this special inter-generational art project of painting rocks. Transportation will leave the front lobby at 9:30 to head across the parking lot and we will be back around 11:15 am. If interested in going, please sign up at the front desk by Monday, March 23rd.

Thursday, March 26th from 1:15-3:00 pm in Olm Fellowship Hall—Special Art Project with Kaye Eckert and the Art Committee. Project will be announced on CH: 900 leading up to Thursday the 26th

Friday, March 27th at 1:15 pm in Olm Fellowship Hall—Bingo w/ Edgerton Hospital President & CEO Marc Augsburger

Saturday, March 28th at 1:15 pm in Olm Fellowship Hall— Quarter Bingo

Monday, March 30th at 10:00 am in Olm Fellowship Hall—Bean bag baseball

Monday, March 30th at 3:00 pm in Olm Fellowship Hall—Fairhaven Lecture Series: Past Plays, Present Lights: How Design Shapes Our Experience of Theatre

Monday, March 30th at 6:00 pm in Olm Fellowship Hall—The World’s Most Scenic River Journeys (PBS) “The Niagara River, Canada and the USA”: Home to iconic falls, the Nagara River boasts a storied history and scenic landscape. (45 minutes)

Tuesday, March 31st at 10:45 am in Olm Fellowship Hall—Morning exercise with Janet

Tuesday, March 31st at 5:45 pm in Olm Fellowship Hall—Bingo

March Resident Council Update

Discussion of Fairhaven Fall Policy

Concerns about the Fairhaven Fall policy from last month were answered by the announced changes in the policy. A handout about the new policy has already been given out to residents. Additional copies are available at the front desk.

Pollinator Garden Update

Two new pollinator gardens will be planted in May. A fundraiser for the costs has begun. Cards and mugs with original art are being sold in the mini mart and at the front desk. Samples of each can be seen in the display case outside Olm Fellowship Hall.



Reminder

Contributions to the Employee Christmas Fund may be made anytime throughout the year.

Next Meeting

March 19, 2026 at 9:30 am in Olm Fellowship Hall. All residents are welcome to attend.

CURRENT EVENTS & IDEAS

Join in discussions about politics, religion, culture, and life in general as we learn and enjoy lively conversations. We welcome you to join us each Tuesday afternoon 2:00-3:00 in Olm Hall.

Fairhaven Lecture Series - Spring 2026
Mondays, 3:00 p.m. in Fellowship Hall

Our Stories, Our Future

At the University of Wisconsin-Whitewater, our story is shaped by our people. In the Our Stories, Our Future series, we share some of the stories of our people—student experiences, faculty expertise, historical and contemporary, unique and bold. We come together to celebrate our collective Warhawk story by building on the university's future. It's a bright narrative with plenty of pages yet to be written. This spring we come together with the UWW Foundation on their campaign for the future, and present our talented faculty, staff and students as they share their experiences on campus and off. Join us, won't you?

March 9	From Quakers to Warhawks: The History of Intercollegiate Athletics at UW-Whitewater —Angela Kelm, Assistant Athletic Director for Sports Information and Tom Fick, Assistant Athletic Director for Sports Information (Retired)
March 16	On Campus Housing Through the Decades: The Evolution from Dorms to Residence Halls —Terry Tumbarello, Executive Director, University Housing
March 31	Past Plays, Present Lights: How Design Shapes Our Experience of Theatre —Matthew Imhoff, Assistant Professor, Theatre and Dance

We want to remind all that the Fairhaven Bus will be running like normal with a pickup at 803 Burr Oak and 875 Acorn Ridge at 2:35. Please sign up for these rides and return ride will happen immediately following the lecture.

Please be respectful and considerate of lecturers and other residents. Turn off cell phones, and refrain from conversations with your neighbors during the lecture.



All lectures are free and open to the public and are held on Mondays at 3 p.m. in the Olm Fellowship Hall of [Fairhaven Senior Services, 435 West Starin Road, Whitewater](#). Street parking is adjacent to the building. Masks may be required in common areas at Fairhaven Senior Services. Please be prepared on arrival. Unable to attend? Links to videos of lectures, can be found at <http://www.uww.edu/ce/fairhaven>.

Friends of Fairhaven/Mini Mart Update, March 2025

March 4 at 1:15 is the Warblers' annual visit to Fairhaven. Please join us for what is always a fun concert. We'll have a basket out for donations, should you be interested in contributing.

Speaking of programs, Abe Lincoln plans to revisit in May. We will have another handbell gala in the fall. And our last 2026 program will be the Whitewater High School's always wonderful concert in November.

There are St. Patrick's items to buy in the Mini Mart. And soon, there will be Easter – which means Spring (we hope)! - greeting cards and other items. Come see us.

 The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.

Fairhaven Little Free Library News

Should you not have seen Fairhaven's Little Free Library, it is available for residents, guests and employees and is always open in the Main Lobby.

Please help by not returning any other libraries' books there. That is, no books from the Fairhaven or Prairie Village Libraries, the Whitewater Public Library, or anywhere else.

Having the Large Print books in their own bin seems to be very popular. We will always have a limited number of Large Print books, so please return when you have finished reading them. (It's helpful when you return other books but isn't as critical for the Large Print books). And please return them to the yellow bin labeled Large Print!

Thanks for your continued support.

What Did You Do with Your Christmas Fund Money? Part 1

Most everybody will recognize this as the postman's informal creed: "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." The same could be said of Fairhaven employees. They show up to cook meals, provide nursing care, do laundry, fix mechanical and other problems, keep things clean, answer the phone, pay the bills, answer our questions, and so on and on. And getting to work is critical to all of that.

Many employees have told me that the Christmas Fund money came in handy for car maintenance, making a car payment or purchasing one. Car batteries, oil changes, and "just in time" repairs were also paid for with this extra money.

Employees who have shared how they used their Christmas Fund money know that I have not recorded their names anywhere. Yes, I wrote down what they said but, just like donations to the Fund, their comments are shared anonymously. There will be more in this series of articles throughout the year, thanks to their sharing their stories about the impact of this money.

"Because Fairhaven employees help us year-round, we accept donations year-round."

Kathy Ross for the Resident Council

"Cops and Kids Reading" in the Whitewater Elementary Schools

Police from the Whitewater Police Department go to each of the Whitewater Elementary Schools to read to two different classes. We can support this program by donating very gently used or new books for elementary-aged readers since their goal is that each kid leaves with their very own book. Should you have books to donate, please leave them at the Front Desk. They will be delivered to Lincoln Elementary where the police will get them to use in all the elementary schools.

April Look-ahead

Monday, April 6th at 1:15 pm in Olm Fellowship Hall we will have a Memorial service for Mary "Ginger" Meyer. Please come join family as we celebrate her life and share memories.



March SEP Team Resident Newsletter: March is Eye Wellness Awareness Month

Keeping up with regular eye exams allows your ophthalmologist to catch problems early. The sooner a problem is detected, the more likely it can be treated. This is especially important for those who are over the age of 65.

During regular eye exams, your ophthalmologist checks for age-related eye diseases, including:

- Age-related macular degeneration
- Diabetic retinopathy
- Glaucoma
- Cataract(s)

An interesting fact: Ophthalmologists can identify other health problems such as diabetes or stroke through eye exams.

Even without eye disease, an ophthalmologist can help detect age-related vision changes that complicate your daily activities and routine. Simple adjustments around the house can improve quality of life and help prevent slips, trips, and falls despite moderate vision changes and regular eye exams with an ophthalmologist help protect your remaining healthy vision.

Shining Star/Good Deeds

- ***Elizabeth Garcia—Nursing***

Rescued me after I was screaming for help after I fell. While she may say she was just doing her job; she did it extremely well and with kindness.

- Don Sorenson, Resident



- ***Jayden Solberg—Transportation***

I've seen and heard Jayden's wonderful care and attention to her passengers and today I was lucky enough to have her drive me to Burtness to pick up my car after it was serviced. It was as great a trip as I'd expected from what I observed at a distance. We're lucky to have Jayden here!

- Janet Hardt, Leisure Services

- ***Christina Aranda and Natalia Taylor—Nursing***

Assisted to shut down 2nd floor ice machine to avoid a big flood. I was able to walk them through the process to avoid me a trip in after hours. Their willingness and cooperation were greatly appreciated. What a great team of sisters!

-Jerry Hall, Maintenance

If you would like to recognize a staff member for service above and beyond, you may fill out a shining star form at the front desk and hand it to Tena.

Notes from Pastor Luke

Memorial Service

A memorial service will be held for Ed Sorenson at 1:15 p.m. on March 5 in Fellowship Hall. You are invited to come early and see some pictures of Ed from his younger years. You are also invited to share memories of Ed during the service.

No Wednesday Worship

On Wednesday, March 4 chaplain Luke will not be in. So there will not be a worship service at 11:00 a.m. on that day.

Fairhaven Pollinator Garden News

The Pollinator Team has been very busy in February!

- Team member and artist Kaye Eckert painted more than a dozen of the flowers that will be planted in the garden to create one-of-a-kind notecards that depict not only the native flower but a description of the plant and the pollinator and other ecological benefits it brings. She also designed a lovely white coffee mug featuring more than a dozen colorful native pollinators.
- The team finalized a plant list of native flowering plants and grasses — more than 1,100 plants in all — and placed an order for most of them through Agrecol in Evansville, Wisconsin. See the chart below for the list of plants, which we'll discuss in greater detail at our presentation in April.
- In March we'll finalize the garden design, in time to share it at the April presentation.

Fairhaven Pollinator Garden Plant List

Black-eyed Susan <i>Rudbeckia hirta</i>	Blue-stemmed gold-enrod <i>Solidago caesia</i>	Butterfly weed <i>Asclepias tuberosa</i>	Cardinal flower <i>Lobelia cardinalis</i>
Dotted mint <i>Monarda punctata</i>	Great blue lobelia <i>Lobelia siphilitica</i>	Heart-leaved aster <i>Symphyotrichum cordifolium/aster cordifolius</i>	Ironweed <i>Vernonia fasciculata</i>
Jacob's ladder <i>Polemonium reptans</i>	June grass <i>Koeleria cristata/macrantha</i>	Lavender hyssop <i>Agastache foeniculum</i>	Little bluestem <i>Schizachyrium scoparium</i>
Moss phlox <i>Phlox subulata</i>	New England aster <i>Aster novae-angliae</i>	Nodding onion <i>Allium cernuum</i>	Path rush <i>Juncus tenuis</i>
Prairie blazing star <i>Liatris pycnostachya</i>	Prairie coreopsis <i>Coreopsis palmata</i>	Prairie dropseed <i>Sporobolus heterolepis</i>	Prairie phlox <i>Phlox pilosa</i>
Prairie smoke <i>Geum triflorum</i>	Purple coneflower <i>Echinacea purpurea</i>	Purple love grass <i>Eragrostis spectabilis</i>	Purple prairie clover <i>Dalea purpurea</i>
Queen of the Prairie <i>Filipendula rubra</i>	Showy goldenrod <i>Solidago speciosa</i>	Side-oats grama <i>Bouteloua curtipendula</i>	Silky wild rye <i>Elymus villosus</i>
Smooth blue aster <i>Aster laevis</i>	Spiderwort <i>Tradescantia ohiensis</i>	Spotted Joe Pye weed <i>Eupatorium maculatum</i>	Sweet Joe Pye weed <i>Eupatorium purpureum</i>
Tall coreopsis <i>Coreopsis tripteris</i>	White-tinged sedge <i>Carex albicans</i>	Wild bergamot/bee balm <i>Monarda fistulosa</i>	Wild columbine <i>Aquilegia canadensis</i>
Wild geranium <i>Geranium maculatum</i>	Wild/sundial lupine <i>Lupinus perennis</i>	Zigzag goldenrod <i>Solidago flexicaulis</i>	

Pollinator Garden Continued...

Fundraising update

The team applied for a \$1,000 grant from the Kettle Moraine Chapter of Wild Ones.

Fairhaven Pollinator Garden presentation

Join us in Olm Fellowship Hall on Thursday, April 23, at 1:15 pm to find out what plants we will be planting on May 17, the many pollinators they will support and other ecological benefits, and how the garden will be maintained. We'll have pollinator-themed notecards or coffee mugs for sale if you'd like to support the garden. (Note this is rescheduled from its original March date.)

Supporting the garden

Fundraising for the garden is ongoing: any checks in support can be made out to the Fairhaven Pollinator Garden fund and sent to David Gackstatter at 435 W. Starin Rd. or left at the front desk.

Pollinator plant-themed coffee mugs and notecards can be purchased at the Mini Mart and at the front desk to support the garden. Exact cash or check at the front desk, please.

- Coffee mugs are \$15 — each purchase donates six plants to the garden.
- Notecards are \$2.50 each (donates one plant) or \$20 for a set of nine (donates eight plants).

About the Fairhaven Pollinator Garden

The Fairhaven Pollinator Garden team, which has been meeting since the summer of 2025, includes residents Karen Coburn, Kaye Eckert, Chris Lange, Dan Sable, Sue Weigel, and community member Kristine Zaballos. If you are interested in finding out more about the garden, contact Karen at krncoburn@yahoo.com or Kristine at kristine@zaballos.com. Follow the garden progress on facebook at @Fairhaven Pollinator Garden.

